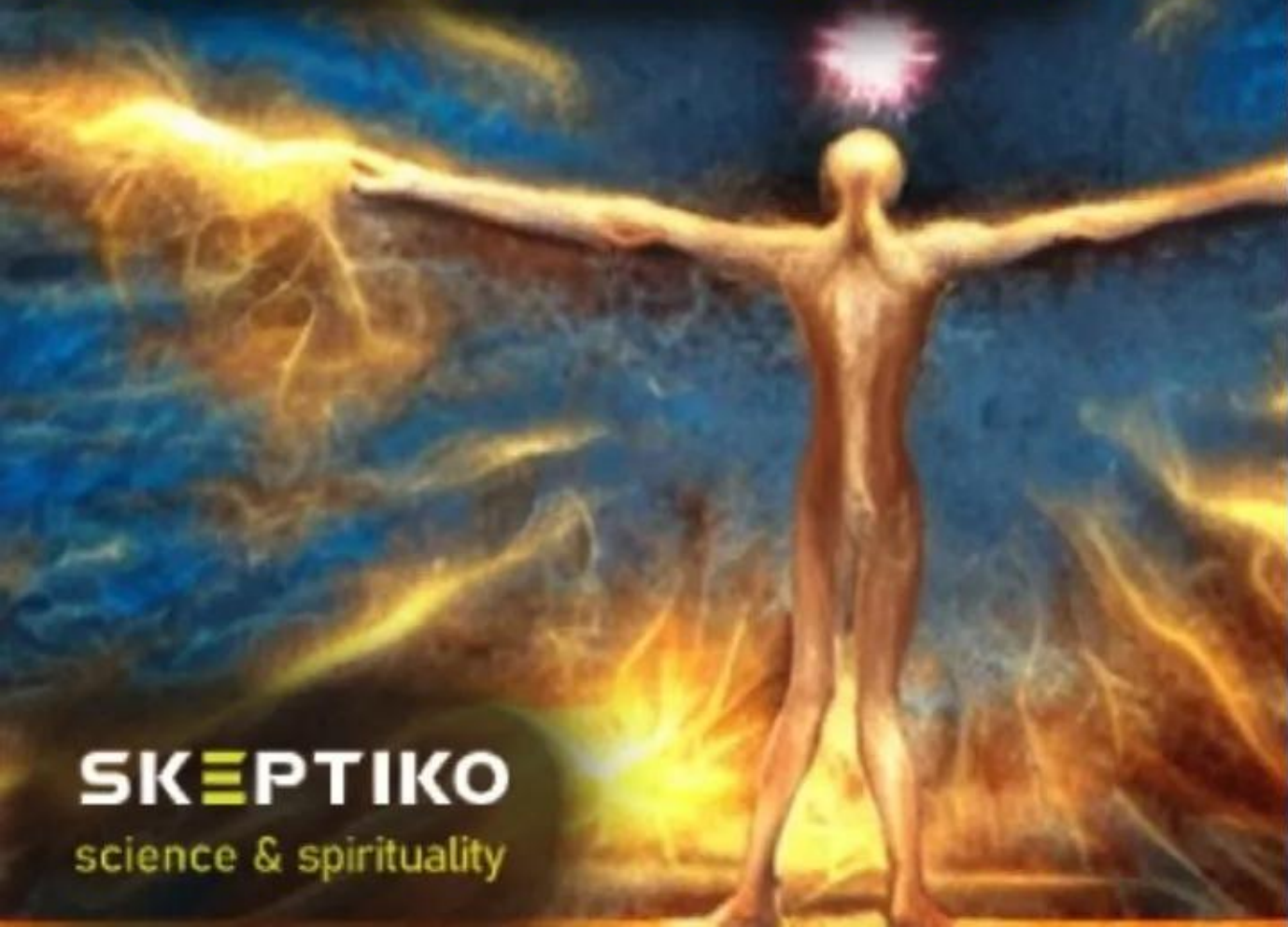


NDE AWAKENING

592 YVONNE KASON



SK=PTIKO
science & spirituality



1
00:00:07,369 --> 00:00:05,690
um this episode skeptico I keep asking

2
00:00:09,290 --> 00:00:07,379
the same question

3
00:00:12,290 --> 00:00:09,300
does your spiritually transformative

4
00:00:14,150 --> 00:00:12,300
experience matter well does it Jody

5
00:00:16,189 --> 00:00:14,160
Foster wait a minute let me get this

6
00:00:18,230 --> 00:00:16,199
straight you admit that you have

7
00:00:21,170 --> 00:00:18,240
absolutely no physical evidence to back

8
00:00:22,910 --> 00:00:21,180
up your story yes you admit that you

9
00:00:25,070 --> 00:00:22,920
very well may have hallucinated this

10
00:00:26,450 --> 00:00:25,080
whole thing yes you admit that if you

11
00:00:28,130 --> 00:00:26,460
were in our position you would respond

12
00:00:30,710 --> 00:00:28,140
with exactly the same degree of

13
00:00:32,990 --> 00:00:30,720

incredulity and skepticism

14

00:00:34,910 --> 00:00:33,000

yes then why don't you simply withdraw

15

00:00:37,190 --> 00:00:34,920

your testimony and concede that this

16

00:00:40,310 --> 00:00:37,200

Journey to the Center of the Galaxy in

17

00:00:47,330 --> 00:00:40,320

fact never took place

18

00:00:52,190 --> 00:00:49,790

I can't prove I can't even explain it

19

00:00:54,470 --> 00:00:52,200

but everything that I know is a human

20

00:00:57,110 --> 00:00:54,480

being everything that I am tells me that

21

00:01:03,110 --> 00:01:00,950

okay well does it Dr Yvonne Cason this

22

00:01:04,549 --> 00:01:03,120

is what I'm getting to is that I don't

23

00:01:06,950 --> 00:01:04,559

want to hear about the different kinds

24

00:01:10,310 --> 00:01:06,960

of near-death experiences what I want to

25

00:01:11,870 --> 00:01:10,320

know is what is going on in these

26
00:01:14,450 --> 00:01:11,880
extended Realms how are we supposed to

27
00:01:16,609 --> 00:01:14,460
understand them and how are we supposed

28
00:01:18,469 --> 00:01:16,619
to understand the information that's

29
00:01:21,289 --> 00:01:18,479
coming back from these extended Realms

30
00:01:23,090 --> 00:01:21,299
I'm offering a vocabulary as a starting

31
00:01:26,030 --> 00:01:23,100
point I'm not saying it's the be-all and

32
00:01:28,850 --> 00:01:26,040
the end-all it's just as I started as a

33
00:01:31,190 --> 00:01:28,860
young doctor because I started having as

34
00:01:34,190 --> 00:01:31,200
you mentioned my first ndes started when

35
00:01:36,170 --> 00:01:34,200
I was five one when I was 11. you know I

36
00:01:38,149 --> 00:01:36,180
started having out of body experiences I

37
00:01:39,710 --> 00:01:38,159
started seeing spirits and ghosts when I

38
00:01:41,270 --> 00:01:39,720

was a child after my near-death

39
00:01:43,370 --> 00:01:41,280
experience which we now know is a common

40
00:01:45,289 --> 00:01:43,380
after effect and then my Kundalini

41
00:01:48,230 --> 00:01:45,299
Awakening mystical experience near-death

42
00:01:49,609 --> 00:01:48,240
experience I now have words that I can

43
00:01:51,889 --> 00:01:49,619
use

44
00:01:54,590 --> 00:01:51,899
to describe these and you at least have

45
00:01:56,749 --> 00:01:54,600
an idea even if we don't know what it is

46
00:01:59,230 --> 00:01:56,759
or what causes it or we can argue how we

47
00:02:01,850 --> 00:01:59,240
interpret it at least we now have a

48
00:02:04,550 --> 00:02:01,860
vocabulary that we can communicate about

49
00:02:07,730 --> 00:02:04,560
it that first clip was from Believe It

50
00:02:10,790 --> 00:02:07,740
or Not way back in 1997 the movie

51
00:02:12,410 --> 00:02:10,800
contact it was Jody Foster starring that

52
00:02:15,110 --> 00:02:12,420
one and the second clip was from today's

53
00:02:16,970 --> 00:02:15,120
guest Dr Von Cason I know there are a

54
00:02:18,949 --> 00:02:16,980
lot of people who are really going to

55
00:02:21,650 --> 00:02:18,959
not like this interview in a number of

56
00:02:25,910 --> 00:02:21,660
ways particularly since I push on Dr

57
00:02:28,190 --> 00:02:25,920
Yvonne Cason very hard at times but how

58
00:02:31,670 --> 00:02:28,200
else are we going to get to the next

59
00:02:34,670 --> 00:02:31,680
level of this stuff we can't just keep

60
00:02:36,650 --> 00:02:34,680
talking about the love and light of the

61
00:02:38,809 --> 00:02:36,660
spiritually transformative experience

62
00:02:41,449 --> 00:02:38,819
without wondering

63
00:02:43,850 --> 00:02:41,459

whether there's another side

64

00:02:46,550 --> 00:02:43,860

hope you enjoy the interview super

65

00:02:50,449 --> 00:02:46,560

intelligent super well informed and

66

00:02:52,850 --> 00:02:50,459

qualified and accomplished person who I

67

00:02:55,550 --> 00:02:52,860

hold in very very high regard and I'm

68

00:02:57,410 --> 00:02:55,560

very appreciative for being on the show

69

00:02:59,449 --> 00:02:57,420

welcome to skeptico where we explore

70

00:03:01,850 --> 00:02:59,459

controversial science and spirituality

71

00:03:04,130 --> 00:03:01,860

I'm joined today by Dr Yvonne Cason

72

00:03:07,490 --> 00:03:04,140

author of Soul lessons from the light

73

00:03:08,690 --> 00:03:07,500

which you either just heard about or

74

00:03:11,750 --> 00:03:08,700

you're going to hear about in a minute

75

00:03:13,490 --> 00:03:11,760

when we paste her clip in and the

76

00:03:17,089 --> 00:03:13,500

subtitle is how spiritually

77

00:03:20,030 --> 00:03:17,099

transformative experiences changed my

78

00:03:22,910 --> 00:03:20,040

life and the other book that we will

79

00:03:27,170 --> 00:03:22,920

talk about is Touched By the Light

80

00:03:30,050 --> 00:03:27,180

because Dr Cason is really

81

00:03:32,350 --> 00:03:30,060

one of the if not the first person to

82

00:03:35,390 --> 00:03:32,360

kind of coin put a label on this term

83

00:03:40,309 --> 00:03:35,400

spiritually transformative experiences

84

00:03:43,369 --> 00:03:40,319

and in that book she outlines a number

85

00:03:44,990 --> 00:03:43,379

of different ones of them and although I

86

00:03:47,509 --> 00:03:45,000

have not read that book I'm definitely

87

00:03:49,130 --> 00:03:47,519

familiar with that material and with her

88

00:03:51,410 --> 00:03:49,140

material and she's been on the show

89

00:03:52,850 --> 00:03:51,420

we're kind of old friends known each

90

00:03:54,830 --> 00:03:52,860

other for a while she's been over to my

91

00:03:57,289 --> 00:03:54,840

house we did some filming which never

92

00:04:01,610 --> 00:03:57,299

made it on the air but that's okay and

93

00:04:04,490 --> 00:04:01,620

it's very cool that she contacted me

94

00:04:08,869 --> 00:04:04,500

about this new book and that we're able

95

00:04:11,390 --> 00:04:08,879

to reconnect so Dr K Sun welcome thank

96

00:04:14,949 --> 00:04:11,400

you for joining me thank you for having

97

00:04:18,890 --> 00:04:14,959

me back I'm really glad to reconnect too

98

00:04:21,590 --> 00:04:18,900

so as people are going to hear you've

99

00:04:24,590 --> 00:04:21,600

lived quite an amazing life amazing life

100

00:04:28,189 --> 00:04:24,600

as this book sold lessons from the light

101
00:04:31,430 --> 00:04:28,199
really kind of lays out Toronto position

102
00:04:33,950 --> 00:04:31,440
like a real doctor doctor you know not a

103
00:04:36,530 --> 00:04:33,960
fake doctor and someone who gets

104
00:04:38,810 --> 00:04:36,540
interested in yoga and meditation at an

105
00:04:41,030 --> 00:04:38,820
early age and I love this part of the

106
00:04:43,610 --> 00:04:41,040
story you know at 23 years old you're

107
00:04:45,950 --> 00:04:43,620
there in yoga meditation class and

108
00:04:48,469 --> 00:04:45,960
you're going hey I think it just

109
00:04:50,749 --> 00:04:48,479
happened here guys and I say guys

110
00:04:52,790 --> 00:04:50,759
because like all the guys are like nah

111
00:04:54,830 --> 00:04:52,800
nah that couldn't happen we've been

112
00:04:57,050 --> 00:04:54,840
sitting here for 10 years we never got

113
00:04:59,150 --> 00:04:57,060

anything like that and you're like no I

114

00:05:01,670 --> 00:04:59,160

think it you were even you know again

115

00:05:02,870 --> 00:05:01,680

you're a woman and kind of in a man's

116

00:05:04,670 --> 00:05:02,880

world that's like so you don't want to

117

00:05:06,409 --> 00:05:04,680

assert it too far and say well I think

118

00:05:09,650 --> 00:05:06,419

you know so you gotta sit on it for a

119

00:05:11,570 --> 00:05:09,660

while and then you go yes I did have a

120

00:05:12,830 --> 00:05:11,580

samadhi experience an Awakening

121

00:05:15,530 --> 00:05:12,840

experience whatever we're going to call

122

00:05:17,510 --> 00:05:15,540

that but then you know as we get more

123

00:05:19,370 --> 00:05:17,520

into your story and I want to recap this

124

00:05:22,310 --> 00:05:19,380

because I do have a lot of questions

125

00:05:24,170 --> 00:05:22,320

that I want to ask beyond the book I

126

00:05:26,510 --> 00:05:24,180

really don't want to do a book interview

127

00:05:28,790 --> 00:05:26,520

people can go read the book people can

128

00:05:30,950 --> 00:05:28,800

go listen to other interviews with you

129

00:05:31,850 --> 00:05:30,960

where you talk about the book we're

130

00:05:34,670 --> 00:05:31,860

going to take it in some different

131

00:05:36,170 --> 00:05:34,680

directions but your story is really

132

00:05:38,210 --> 00:05:36,180

important because

133

00:05:41,330 --> 00:05:38,220

you know when you tell somebody

134

00:05:42,890 --> 00:05:41,340

Evan that you've had five near-death

135

00:05:46,310 --> 00:05:42,900

experiences

136

00:05:48,010 --> 00:05:46,320

people are immediately skeptical they

137

00:05:50,450 --> 00:05:48,020

are uh-huh

138

00:05:53,990 --> 00:05:50,460

one of the great things about the book

139

00:05:56,510 --> 00:05:54,000

is it really kind of demystifies that in

140

00:05:59,150 --> 00:05:56,520

a number of ways but one in a very kind

141

00:06:01,790 --> 00:05:59,160

of plain way it's like hey my first

142

00:06:03,350 --> 00:06:01,800

near-death experience was I was just a

143

00:06:05,330 --> 00:06:03,360

little kid goofing around in the train

144

00:06:07,070 --> 00:06:05,340

and I went under there and almost got

145

00:06:09,529 --> 00:06:07,080

hit by a train and somebody pulled me

146

00:06:11,749 --> 00:06:09,539

out at the last second and you go well

147

00:06:14,510 --> 00:06:11,759

that could happen you know I have kids

148

00:06:17,510 --> 00:06:14,520

or myself I you know I could see that

149

00:06:19,730 --> 00:06:17,520

and then at 11 years old you're in a

150

00:06:21,770 --> 00:06:19,740

horrible car accident where almost her

151

00:06:22,909 --> 00:06:21,780

whole family dies and you're left at the

152

00:06:25,610 --> 00:06:22,919

scene they don't even know that you're

153

00:06:27,950 --> 00:06:25,620

there and you people go well I yeah I

154

00:06:29,390 --> 00:06:27,960

get it that could happen especially she

155

00:06:31,490 --> 00:06:29,400

wasn't even driving the whole thing

156

00:06:34,249 --> 00:06:31,500

opening her responsibility at 11 years

157

00:06:36,170 --> 00:06:34,259

old and then you're in a plane crash and

158

00:06:38,629 --> 00:06:36,180

you're in a lake and you almost uh

159

00:06:40,670 --> 00:06:38,639

drowned in a freezing water and again

160

00:06:41,930 --> 00:06:40,680

you would just go well that could happen

161

00:06:43,370 --> 00:06:41,940

every time I've been on a plane

162

00:06:45,409 --> 00:06:43,380

especially a small plane you're like

163

00:06:48,950 --> 00:06:45,419

what the thing goes down oh not good

164

00:06:51,290 --> 00:06:48,960

drought well it happened to Yvonne and

165

00:06:54,950 --> 00:06:51,300

then you know finally the the slip and

166

00:06:57,469 --> 00:06:54,960

fall accident is again so I I guess the

167

00:07:01,010 --> 00:06:57,479

the point being that it it is

168

00:07:04,610 --> 00:07:01,020

interesting the life you've lived and

169

00:07:07,370 --> 00:07:04,620

what's come with these experiences is

170

00:07:09,350 --> 00:07:07,380

probably quite unusual very unusual

171

00:07:11,689 --> 00:07:09,360

because you've lived this life of

172

00:07:14,090 --> 00:07:11,699

spiritual transformation spiritual

173

00:07:17,629 --> 00:07:14,100

growth spiritual seeking and a lot of

174

00:07:21,110 --> 00:07:17,639

experiences that go with that so I I

175

00:07:23,689 --> 00:07:21,120

just wanted to sketch that out and I

176

00:07:27,290 --> 00:07:23,699

want you to pick it up and and kind of

177

00:07:29,749 --> 00:07:27,300

fill in how this whole life has unfolded

178

00:07:31,790 --> 00:07:29,759

for you yeah yeah absolutely well you

179

00:07:33,710 --> 00:07:31,800

summarized it great Alex and I'm really

180

00:07:36,950 --> 00:07:33,720

happy that you had a chance to read the

181

00:07:38,990 --> 00:07:36,960

book because because it just felt

182

00:07:40,790 --> 00:07:39,000

important for me

183

00:07:42,770 --> 00:07:40,800

um at this point in my life you know I'm

184

00:07:45,170 --> 00:07:42,780

a senior now I'm retired from the

185

00:07:46,550 --> 00:07:45,180

practice of medicine and so because of

186

00:07:49,129 --> 00:07:46,560

that as you mentioned I'm a medical

187

00:07:50,749 --> 00:07:49,139

doctor I used to teach and practice at

188

00:07:53,870 --> 00:07:50,759

the University of Toronto for many years

189

00:07:57,770 --> 00:07:53,880

I was on faculty there and so I was

190

00:08:00,230 --> 00:07:57,780

always a little bit guarded in how much

191

00:08:02,450 --> 00:08:00,240

of my personal story I would share

192

00:08:04,790 --> 00:08:02,460

because I was concerned about my medical

193

00:08:06,589 --> 00:08:04,800

license I didn't want it to come back on

194

00:08:08,809 --> 00:08:06,599

me and that I'd end up losing my medical

195

00:08:11,390 --> 00:08:08,819

license because you know somebody got

196

00:08:13,430 --> 00:08:11,400

offended by something that I said and so

197

00:08:15,710 --> 00:08:13,440

now that I'm retired I feel a great

198

00:08:18,110 --> 00:08:15,720

Freedom it's like okay all right guys

199

00:08:20,689 --> 00:08:18,120

here's a scoop this is really what's

200

00:08:21,830 --> 00:08:20,699

been happening behind the scenes that I

201
00:08:24,110 --> 00:08:21,840
didn't feel

202
00:08:26,510 --> 00:08:24,120
um free enough to share early on in my

203
00:08:29,689 --> 00:08:26,520
life and the other thing that's very

204
00:08:31,249 --> 00:08:29,699
exciting about my having written Soul

205
00:08:34,909 --> 00:08:31,259
lessons from the light and I'll share

206
00:08:37,070 --> 00:08:34,919
that with your listeners is that um it's

207
00:08:39,829 --> 00:08:37,080
the product of the miracle

208
00:08:41,570 --> 00:08:39,839
because my last near-death experience my

209
00:08:43,909 --> 00:08:41,580
fifth near-death experience will start

210
00:08:46,790 --> 00:08:43,919
there that you mentioned

211
00:08:49,130 --> 00:08:46,800
um happened in 2003 when I slipped on

212
00:08:51,650 --> 00:08:49,140
black ice at Niagara Falls and I hit my

213
00:08:54,110 --> 00:08:51,660

hat on rock and had a very serious

214

00:08:57,889 --> 00:08:54,120

traumatic brain injury where I died

215

00:08:59,750 --> 00:08:57,899

instantly and and I had what we now know

216

00:09:01,910 --> 00:08:59,760

people who've heard or read about

217

00:09:04,610 --> 00:09:01,920

near-death experiences what we can

218

00:09:06,290 --> 00:09:04,620

observe now and understand oh yeah she

219

00:09:08,269 --> 00:09:06,300

had a pretty typical near-dapping

220

00:09:11,449 --> 00:09:08,279

experience which I did because when I

221

00:09:14,870 --> 00:09:11,459

hit my head instantly I found my my my

222

00:09:16,610 --> 00:09:14,880

my my my point of perception or my soul

223

00:09:20,090 --> 00:09:16,620

or my spirit or whatever we want to call

224

00:09:21,889 --> 00:09:20,100

it West out of my body and upwards by a

225

00:09:23,930 --> 00:09:21,899

force greater than myself you know I was

226

00:09:26,750 --> 00:09:23,940

just like passively being pulled by this

227

00:09:29,389 --> 00:09:26,760

force and I was rising up really rapidly

228

00:09:31,670 --> 00:09:29,399

through this dark expanse of space that

229

00:09:33,530 --> 00:09:31,680

some people might think is a tunnel but

230

00:09:36,350 --> 00:09:33,540

for me it was like a dark expansive

231

00:09:40,250 --> 00:09:36,360

space and I was rising up to this

232

00:09:43,190 --> 00:09:40,260

um opening to a brilliant white white

233

00:09:45,290 --> 00:09:43,200

realm which I had seen before in my

234

00:09:47,090 --> 00:09:45,300

plane crash near-death experience so I

235

00:09:49,430 --> 00:09:47,100

knew where I knew where I was heading

236

00:09:52,310 --> 00:09:49,440

this time it was not the first time but

237

00:09:52,910 --> 00:09:52,320

what was different this time was

238

00:09:56,090 --> 00:09:52,920

um

239

00:09:58,070 --> 00:09:56,100

I was welcomed by two beings of light

240

00:10:00,590 --> 00:09:58,080

and two beings of light that I

241

00:10:02,870 --> 00:10:00,600

absolutely recognized

242

00:10:05,090 --> 00:10:02,880

um and their names were paramahansa

243

00:10:06,829 --> 00:10:05,100

Yogananda and mahabashar babashi who

244

00:10:09,290 --> 00:10:06,839

were great Saints from my particular

245

00:10:12,470 --> 00:10:09,300

spiritual tradition and it was like they

246

00:10:14,930 --> 00:10:12,480

were welcoming me and explaining to me

247

00:10:17,509 --> 00:10:14,940

mentally or telepathically so that I

248

00:10:19,610 --> 00:10:17,519

would understand what was going on and

249

00:10:22,790 --> 00:10:19,620

they immensely or telepathically

250

00:10:26,210 --> 00:10:22,800

communicated to me that

251
00:10:29,210 --> 00:10:26,220
um my physical body had died that my

252
00:10:32,810 --> 00:10:29,220
work in the body of Dr Yvonne kaisan was

253
00:10:35,449 --> 00:10:32,820
finished and and there was this

254
00:10:37,790 --> 00:10:35,459
incredible feeling in the light and also

255
00:10:42,230 --> 00:10:37,800
that they were emanating of just this

256
00:10:44,990 --> 00:10:42,240
incredible love incredible Joy welcome

257
00:10:47,630 --> 00:10:45,000
the feeling was like there was a

258
00:10:50,269 --> 00:10:47,640
surprise birthday party or surprise

259
00:10:51,949 --> 00:10:50,279
graduation party being held for me you

260
00:10:53,630 --> 00:10:51,959
know and I was a guest of honor and I

261
00:10:56,810 --> 00:10:53,640
had now arrived and it was it's just

262
00:10:59,329 --> 00:10:56,820
this incredible feeling of joy and love

263
00:11:01,610 --> 00:10:59,339

and then I remember it was like my my

264

00:11:03,769 --> 00:11:01,620

ego mind was like like they show on TV a

265

00:11:05,810 --> 00:11:03,779

little devil on your shoulder whispering

266

00:11:09,430 --> 00:11:05,820

things it was like my ego mind was this

267

00:11:13,250 --> 00:11:09,440

little voice on my shoulder what uh uh

268

00:11:14,569 --> 00:11:13,260

Here Comes The Life review because you

269

00:11:16,430 --> 00:11:14,579

know I'd heard that other people when

270

00:11:18,110 --> 00:11:16,440

they die actually died during their

271

00:11:20,630 --> 00:11:18,120

near-death experiences they had life

272

00:11:23,090 --> 00:11:20,640

reviews and I mean I I've always tried

273

00:11:25,370 --> 00:11:23,100

to have a good life but you know we make

274

00:11:27,650 --> 00:11:25,380

mistakes so I wasn't really looking

275

00:11:30,170 --> 00:11:27,660

forward to you know what my life Hebrew

276

00:11:32,930 --> 00:11:30,180

was going to show me it was so

277

00:11:35,569 --> 00:11:32,940

incredible what happened because the two

278

00:11:38,210 --> 00:11:35,579

Saints they can read my mind and they

279

00:11:39,949 --> 00:11:38,220

just tell looked at me and with a glance

280

00:11:44,470 --> 00:11:39,959

there was this incredible transmission

281

00:11:47,150 --> 00:11:44,480

of information and I suddenly

282

00:11:50,150 --> 00:11:47,160

understood and knew like the the the the

283

00:11:52,250 --> 00:11:50,160

the concern that the fear was just blown

284

00:11:54,410 --> 00:11:52,260

off my shoulder the little nasty voice

285

00:11:56,990 --> 00:11:54,420

was blown up like blowing off a Fleck it

286

00:11:59,870 --> 00:11:57,000

does and what I understood in that

287

00:12:03,769 --> 00:11:59,880

transmission was

288

00:12:06,110 --> 00:12:03,779

just like a loving parent when it sees

289

00:12:08,690 --> 00:12:06,120

its child who's learning something for

290

00:12:11,030 --> 00:12:08,700

example learning to to walk

291

00:12:13,670 --> 00:12:11,040

that the child is going to make mistakes

292

00:12:15,769 --> 00:12:13,680

and stumble and fall and maybe it's

293

00:12:18,290 --> 00:12:15,779

going to skin its knees or bump its head

294

00:12:20,509 --> 00:12:18,300

or fall on something and break it but

295

00:12:23,090 --> 00:12:20,519

but the loving parent understands it's

296

00:12:25,850 --> 00:12:23,100

all part of the learning process and so

297

00:12:28,310 --> 00:12:25,860

the loving parent doesn't punish the

298

00:12:30,590 --> 00:12:28,320

child for that mistake but rather

299

00:12:32,930 --> 00:12:30,600

Embraces a child and Comforts the child

300

00:12:35,569 --> 00:12:32,940

to say that's okay honey

301

00:12:38,329 --> 00:12:35,579

you can do it you can try it again you

302

00:12:40,310 --> 00:12:38,339

can do better next time and then so with

303

00:12:43,250 --> 00:12:40,320

with that sort of feeling of love and

304

00:12:45,590 --> 00:12:43,260

comfort I didn't worry about the life of

305

00:12:48,050 --> 00:12:45,600

you and then I went into feeling just

306

00:12:49,850 --> 00:12:48,060

incredible joy and love and there are

307

00:12:52,129 --> 00:12:49,860

many many things that happen on the

308

00:12:54,110 --> 00:12:52,139

other side that are very difficult to

309

00:12:56,569 --> 00:12:54,120

explain in words but I do want to

310

00:12:58,430 --> 00:12:56,579

explain a couple things and so I move on

311

00:13:00,650 --> 00:12:58,440

to answer your question about what it

312

00:13:03,290 --> 00:13:00,660

was like after about while I was

313

00:13:05,389 --> 00:13:03,300

actually on the other side I sort of

314

00:13:08,090 --> 00:13:05,399

shifted in

315

00:13:11,509 --> 00:13:08,100

my Consciousness is the best word I have

316

00:13:13,490 --> 00:13:11,519

for it or my awareness to a place or a

317

00:13:16,670 --> 00:13:13,500

state where I was no longer actually

318

00:13:19,910 --> 00:13:16,680

seeing visual images but what was

319

00:13:22,129 --> 00:13:19,920

happening was it was somehow it was like

320

00:13:24,610 --> 00:13:22,139

my Consciousness had expanded it's like

321

00:13:27,050 --> 00:13:24,620

I'd been a Pentium 2 computer

322

00:13:30,949 --> 00:13:27,060

Consciousness and now I was a Pentium

323

00:13:34,129 --> 00:13:30,959

100 Mega computer that my capacity and

324

00:13:36,290 --> 00:13:34,139

my Consciousness was vastly expanded and

325

00:13:38,569 --> 00:13:36,300

I could take in best amounts of

326

00:13:41,150 --> 00:13:38,579

information all at once like more than

327

00:13:43,970 --> 00:13:41,160

in my no now that I'm back then I could

328

00:13:47,650 --> 00:13:43,980

possibly even contain in my mind and

329

00:13:52,970 --> 00:13:47,660

suddenly in this sort of expansive state

330

00:13:55,490 --> 00:13:52,980

I re-remembered all of my past lives and

331

00:13:58,430 --> 00:13:55,500

and the feeling when I re-remembered

332

00:14:00,949 --> 00:13:58,440

them was like oh yeah

333

00:14:03,110 --> 00:14:00,959

I was like of course that's right and

334

00:14:04,490 --> 00:14:03,120

it's sort of like how how odd that I

335

00:14:06,949 --> 00:14:04,500

didn't remember them while I was

336

00:14:08,690 --> 00:14:06,959

incarnated because it was all fit you

337

00:14:10,190 --> 00:14:08,700

know it was oh yeah that was me that was

338

00:14:14,350 --> 00:14:10,200

me in the past

339

00:14:17,690 --> 00:14:14,360

and and with that there was also like an

340

00:14:22,389 --> 00:14:17,700

awful experience this is the best I I

341

00:14:25,550 --> 00:14:22,399

can describe it because suddenly my life

342

00:14:29,329 --> 00:14:25,560

incarnated as Dr Elon Cason up until

343

00:14:31,550 --> 00:14:29,339

that point made sense because before

344

00:14:34,030 --> 00:14:31,560

that time I always thought my life was a

345

00:14:36,530 --> 00:14:34,040

bit odd

346

00:14:39,350 --> 00:14:36,540

and odd in the sense of like as you

347

00:14:41,810 --> 00:14:39,360

describe like hello five near-death

348

00:14:44,509 --> 00:14:41,820

experiences Kundalini Awakening mystical

349

00:14:46,189 --> 00:14:44,519

experiences how is it on having all

350

00:14:49,310 --> 00:14:46,199

these experiences I'm just this little

351

00:14:50,930 --> 00:14:49,320

doctor in Toronto like well I saw this

352

00:14:55,670 --> 00:14:50,940

stuff happening to me

353

00:14:58,069 --> 00:14:55,680

and when I re-remembered all of my past

354

00:14:59,509 --> 00:14:58,079

lives in that expansive state of

355

00:15:02,329 --> 00:14:59,519

consciousness

356

00:15:05,470 --> 00:15:02,339

it was obvious and it was clear and it

357

00:15:09,110 --> 00:15:05,480

completely made sense because what I

358

00:15:11,389 --> 00:15:09,120

re-remembered was that this is not my

359

00:15:14,170 --> 00:15:11,399

first Incarnation where I'm having these

360

00:15:16,670 --> 00:15:14,180

sorts of experiences I've in fact had

361

00:15:18,829 --> 00:15:16,680

near-death experiences Kundalini

362

00:15:20,810 --> 00:15:18,839

Awakening mystical experiences in many

363

00:15:23,990 --> 00:15:20,820

of my past lives including my most

364

00:15:27,290 --> 00:15:24,000

recent past lives so it seemed like my

365

00:15:29,750 --> 00:15:27,300

soul from a soul level I was just sort

366

00:15:32,750 --> 00:15:29,760

of continuing on from you know what I've

367

00:15:36,290 --> 00:15:32,760

been liking recent incarnations but from

368

00:15:39,290 --> 00:15:36,300

an ego level on this Incarnation until

369

00:15:41,569 --> 00:15:39,300

that point I really didn't know like why

370

00:15:43,310 --> 00:15:41,579

is all this stuff happening to me I am a

371

00:15:46,430 --> 00:15:43,320

little a little different from what the

372

00:15:48,949 --> 00:15:46,440

average person experiences but from a

373

00:15:50,269 --> 00:15:48,959

soul level it made complete sense and

374

00:15:53,329 --> 00:15:50,279

the other thing I wanted to mention

375

00:15:54,710 --> 00:15:53,339

because I think it is it's somehow so

376

00:15:58,129 --> 00:15:54,720

significant

377

00:16:01,850 --> 00:15:58,139

that I uh was aware of while I was on

378

00:16:04,250 --> 00:16:01,860

the other side was how time passes

379

00:16:07,389 --> 00:16:04,260

differently on the other side

380

00:16:13,189 --> 00:16:07,399

that that on the other side

381

00:16:16,430 --> 00:16:13,199

there's I had this clear awareness that

382

00:16:17,930 --> 00:16:16,440

yes I understood how we went and

383

00:16:20,629 --> 00:16:17,940

coordinated in the bodies here on Earth

384

00:16:22,430 --> 00:16:20,639

we experienced time linearly right that

385

00:16:24,110 --> 00:16:22,440

there's the past is behind us the

386

00:16:26,030 --> 00:16:24,120

presence where we're at right now and

387

00:16:27,790 --> 00:16:26,040

the future is something that we haven't

388

00:16:32,030 --> 00:16:27,800

seen yet in the future

389

00:16:34,730 --> 00:16:32,040

whereas on the other side there was a

390

00:16:37,370 --> 00:16:34,740

clear awareness that time could bend

391

00:16:39,790 --> 00:16:37,380

that it could Loop

392

00:16:42,050 --> 00:16:39,800

so that you could actually

393

00:16:45,230 --> 00:16:42,060

re-enter which I think actually happened

394

00:16:49,189 --> 00:16:45,240

I think I re-entered my body

395

00:16:52,069 --> 00:16:49,199

or that I was over there much longer

396

00:16:54,949 --> 00:16:52,079

than my body was dead on Earth that when

397

00:16:56,870 --> 00:16:54,959

I was sent back it was like time bent to

398

00:16:58,850 --> 00:16:56,880

bring me back at a time that my body

399

00:17:01,790 --> 00:16:58,860

could still come back to life you know

400

00:17:03,829 --> 00:17:01,800

that I hadn't been dead too long that

401
00:17:05,809 --> 00:17:03,839
time can bend but also there's another

402
00:17:10,010 --> 00:17:05,819
interesting phenomenon

403
00:17:13,130 --> 00:17:10,020
is that on the other side it was like

404
00:17:15,110 --> 00:17:13,140
the past the present and the future were

405
00:17:17,809 --> 00:17:15,120
all perceptible

406
00:17:21,230 --> 00:17:17,819
almost like they were happening at the

407
00:17:23,449 --> 00:17:21,240
same time and and and and what it was

408
00:17:26,090 --> 00:17:23,459
like was that

409
00:17:29,870 --> 00:17:26,100
depending on where I focused my

410
00:17:32,990 --> 00:17:29,880
attention so if I focus my attention

411
00:17:36,230 --> 00:17:33,000
this way to what we on Earth perceive as

412
00:17:39,230 --> 00:17:36,240
the past that I could very clearly

413
00:17:41,090 --> 00:17:39,240

perceive the past if I chested my

414

00:17:43,970 --> 00:17:41,100

attention sort of to a different place

415

00:17:46,430 --> 00:17:43,980

in Consciousness that I would could to

416

00:17:48,890 --> 00:17:46,440

the present that I would be perceiving

417

00:17:51,590 --> 00:17:48,900

what we here on Earth perceive as the

418

00:17:53,930 --> 00:17:51,600

present and that if I shifted my

419

00:17:56,810 --> 00:17:53,940

Consciousness to what we a little

420

00:17:59,330 --> 00:17:56,820

differently I could be observing what we

421

00:18:04,669 --> 00:17:59,340

hear and the Earth perceive as a

422

00:18:07,549 --> 00:18:04,679

possible future and it it felt totally

423

00:18:09,409 --> 00:18:07,559

it made sense and it felt totally

424

00:18:10,730 --> 00:18:09,419

natural on the other side because the

425

00:18:12,770 --> 00:18:10,740

perception of time was very different

426

00:18:14,930 --> 00:18:12,780

and and the metaphor is sometimes used

427

00:18:16,970 --> 00:18:14,940

to explain this is

428

00:18:18,409 --> 00:18:16,980

um a Multiplex movie theater that most

429

00:18:19,909 --> 00:18:18,419

people have probably been to you know

430

00:18:22,909 --> 00:18:19,919

it's a movie theater and it's got like

431

00:18:24,650 --> 00:18:22,919

maybe 10 or 12 or 15 different uh little

432

00:18:27,230 --> 00:18:24,660

theaters in there that may have

433

00:18:30,590 --> 00:18:27,240

different movies playing so imagine that

434

00:18:32,930 --> 00:18:30,600

in each of the theaters you have um a

435

00:18:36,110 --> 00:18:32,940

different movie with the same actor but

436

00:18:38,330 --> 00:18:36,120

what maybe in one one movie he's a civil

437

00:18:41,330 --> 00:18:38,340

war soldier in another movie he's a

438

00:18:43,430 --> 00:18:41,340

native Indian and another movie he's a

439

00:18:45,830 --> 00:18:43,440

black African doing something another

440

00:18:48,230 --> 00:18:45,840

movie he's a Tibetan monk and all in

441

00:18:50,630 --> 00:18:48,240

different times of History so that that

442

00:18:52,850 --> 00:18:50,640

a person who doesn't understand the

443

00:18:54,710 --> 00:18:52,860

concept of a Multiplex movie theater

444

00:18:57,350 --> 00:18:54,720

would walk in there and would be

445

00:18:59,570 --> 00:18:57,360

confused and think how is it possible

446

00:19:02,029 --> 00:18:59,580

that the same actor he's been black he's

447

00:19:03,529 --> 00:19:02,039

been Asian he's a man he's a woman he's

448

00:19:06,110 --> 00:19:03,539

in all these different times of history

449

00:19:08,390 --> 00:19:06,120

at the same time time because in the con

450

00:19:11,090 --> 00:19:08,400

the multiplex They're all playing at the

451
00:19:12,950 --> 00:19:11,100
same time but we understand okay he

452
00:19:15,470 --> 00:19:12,960
filmed it at a different time but when

453
00:19:18,169 --> 00:19:15,480
we're in the multiplex we can watch them

454
00:19:21,710 --> 00:19:18,179
all at the same time so that's the best

455
00:19:23,990 --> 00:19:21,720
metaphor I've had for how time is

456
00:19:27,049 --> 00:19:24,000
perceived different on the other side we

457
00:19:30,110 --> 00:19:27,059
know that we experience it linearly but

458
00:19:31,490 --> 00:19:30,120
we can perceive it it just matters which

459
00:19:32,930 --> 00:19:31,500
of the little theaters we go into

460
00:19:35,570 --> 00:19:32,940
whether we're looking at the past the

461
00:19:38,029 --> 00:19:35,580
present or the future anyway after a

462
00:19:40,250 --> 00:19:38,039
period of what I call

463
00:19:41,870 --> 00:19:40,260

um Timeless time because time is

464

00:19:45,010 --> 00:19:41,880

experienced so different on the other

465

00:19:48,529 --> 00:19:45,020

side the two beams of light

466

00:19:51,650 --> 00:19:48,539

reappeared to me and they telepathically

467

00:19:53,810 --> 00:19:51,660

communicated to me you may now choose

468

00:19:55,870 --> 00:19:53,820

and so I have to translate you may now

469

00:19:58,549 --> 00:19:55,880

choose means you must know difference

470

00:20:02,289 --> 00:19:58,559

what they said was you made out shoes

471

00:20:06,590 --> 00:20:02,299

and the choice I was given was to

472

00:20:09,230 --> 00:20:06,600

Incarnate in the body of a baby

473

00:20:14,510 --> 00:20:09,240

and or and interesting the choice was

474

00:20:15,950 --> 00:20:14,520

and or not or and or to go back to the

475

00:20:19,610 --> 00:20:15,960

injured body

476

00:20:23,690 --> 00:20:19,620

to serve the Define

477

00:20:26,890 --> 00:20:23,700

and I was in such a state of I guess

478

00:20:32,330 --> 00:20:26,900

mystical ecstasy mystical communion

479

00:20:35,090 --> 00:20:32,340

expansion love profound trusts

480

00:20:38,150 --> 00:20:35,100

knowing on a soul level the infinite

481

00:20:40,549 --> 00:20:38,160

wisdom and loving wisdom of the plan the

482

00:20:43,310 --> 00:20:40,559

higher Powers plan

483

00:20:46,610 --> 00:20:43,320

it's like my ego mind was just

484

00:20:49,490 --> 00:20:46,620

I guess resting and it was just my heart

485

00:20:51,350 --> 00:20:49,500

or my soul that responded and

486

00:20:53,810 --> 00:20:51,360

immediately it just came out of my heart

487

00:20:56,330 --> 00:20:53,820

or my soul o Masters

488

00:20:59,330 --> 00:20:56,340

please guide me

489

00:21:03,049 --> 00:20:59,340

what is the higher choice

490

00:21:06,049 --> 00:21:03,059

I want to do God's will

491

00:21:07,970 --> 00:21:06,059

and so lovingly and so gently and how a

492

00:21:10,669 --> 00:21:07,980

thought could have that Exquisite

493

00:21:14,289 --> 00:21:10,679

sweetness and love very hard to explain

494

00:21:19,310 --> 00:21:14,299

but it is exquisitely sweet and loving

495

00:21:26,390 --> 00:21:22,850

it will be more difficult

496

00:21:30,950 --> 00:21:26,400

but to return to the injured body

497

00:21:32,990 --> 00:21:30,960

and my soul did not ask any questions I

498

00:21:35,810 --> 00:21:33,000

did not ask for any details some people

499

00:21:37,610 --> 00:21:35,820

talk about this quotes choosing that

500

00:21:39,110 --> 00:21:37,620

like they're shown all the details and

501
00:21:41,390 --> 00:21:39,120
then they choose they want to go right

502
00:21:44,029 --> 00:21:41,400
or want to go left that didn't happen to

503
00:21:46,430 --> 00:21:44,039
me at all what happened to me was yes I

504
00:21:48,110 --> 00:21:46,440
was given the choice of a baby or going

505
00:21:50,770 --> 00:21:48,120
back the injured form but I would show

506
00:21:54,770 --> 00:21:50,780
no details of that either

507
00:21:58,549 --> 00:21:54,780
situation and I didn't care it was like

508
00:22:02,149 --> 00:21:58,559
that desire to know the details that ego

509
00:22:04,789 --> 00:22:02,159
desire didn't exist in me at that time I

510
00:22:07,610 --> 00:22:04,799
was in a complete state of openness

511
00:22:10,669 --> 00:22:07,620
surrender and Trust of higher power

512
00:22:12,649 --> 00:22:10,679
and if the higher path was to return to

513
00:22:15,230 --> 00:22:12,659

the injured body my soul instantly

514

00:22:18,049 --> 00:22:15,240

accepted and then as soon as my eye

515

00:22:21,350 --> 00:22:18,059

responded I accept it was faster than

516

00:22:24,169 --> 00:22:21,360

the speed of thought that I suddenly I

517

00:22:26,149 --> 00:22:24,179

was gasping I'm I'm breathing air back

518

00:22:28,130 --> 00:22:26,159

into my previously dead body that's

519

00:22:32,990 --> 00:22:28,140

lying on the ground

520

00:22:34,850 --> 00:22:33,000

and for the first few minutes that I was

521

00:22:37,070 --> 00:22:34,860

lying there slowly starting to to

522

00:22:39,409 --> 00:22:37,080

breathe life into my body which was like

523

00:22:42,250 --> 00:22:39,419

waking up in an ice cube because I had

524

00:22:45,710 --> 00:22:42,260

died outdoors in winter in Canada

525

00:22:48,710 --> 00:22:45,720

so my body temperature dropped and I

526

00:22:51,890 --> 00:22:48,720

started to breathe I as I was breathing

527

00:22:54,350 --> 00:22:51,900

life into my my body I'm lying there on

528

00:22:56,570 --> 00:22:54,360

the ground I could see both Realms at

529

00:22:59,149 --> 00:22:56,580

the same time it was like you know a

530

00:23:01,130 --> 00:22:59,159

double exposure photo where you have you

531

00:23:03,649 --> 00:23:01,140

know two images superimposed on the

532

00:23:05,390 --> 00:23:03,659

other and that's what I could see that

533

00:23:07,190 --> 00:23:05,400

that I could see the physical world

534

00:23:09,649 --> 00:23:07,200

around me as I was regaining

535

00:23:11,930 --> 00:23:09,659

Consciousness but I could also see the

536

00:23:14,090 --> 00:23:11,940

white light round superimposed on it and

537

00:23:17,330 --> 00:23:14,100

the two beings of light standing there

538

00:23:19,250 --> 00:23:17,340

and it was it they literally had ushered

539

00:23:21,049 --> 00:23:19,260

me back into my body but it happened so

540

00:23:23,690 --> 00:23:21,059

fast like there was no sense of movement

541

00:23:25,610 --> 00:23:23,700

it was just was faster than the speed of

542

00:23:27,770 --> 00:23:25,620

thought suddenly I was back in my body

543

00:23:29,690 --> 00:23:27,780

and they were there with me and then

544

00:23:31,490 --> 00:23:29,700

they still always started fading from

545

00:23:34,430 --> 00:23:31,500

View and the white light round which was

546

00:23:37,190 --> 00:23:34,440

gone within a few minutes except for a

547

00:23:38,510 --> 00:23:37,200

tiny little spot which was my life ring

548

00:23:40,789 --> 00:23:38,520

afterwards

549

00:23:45,770 --> 00:23:40,799

and

550

00:23:48,710 --> 00:23:45,780

I came back to a seriously disabled body

551

00:23:50,510 --> 00:23:48,720

I had had a serious traumatic brain

552

00:23:53,090 --> 00:23:50,520

injury with the brain hemorrhage last to

553

00:23:55,970 --> 00:23:53,100

read the book my frontal lobes and all

554

00:23:57,890 --> 00:23:55,980

sorts of injuries in between and

555

00:24:00,649 --> 00:23:57,900

um

556

00:24:02,930 --> 00:24:00,659

it was really difficult I was told it'll

557

00:24:04,070 --> 00:24:02,940

be more difficult it was really

558

00:24:07,130 --> 00:24:04,080

difficult

559

00:24:10,430 --> 00:24:07,140

coming back as a disabled person

560

00:24:15,529 --> 00:24:10,440

so that happened November the 8th 2003

561

00:24:19,190 --> 00:24:15,539

and I tried really hard to get better to

562

00:24:22,310 --> 00:24:19,200

get back to who I was before because my

563

00:24:24,950 --> 00:24:22,320

life previous to the head injury I had

564

00:24:26,890 --> 00:24:24,960

been you know I had already had four

565

00:24:29,750 --> 00:24:26,900

previous near-death experiences

566

00:24:31,789 --> 00:24:29,760

Kundalini Awakening mystical experiences

567

00:24:33,830 --> 00:24:31,799

I'd coined the phrase spiritually

568

00:24:36,409 --> 00:24:33,840

transformative experiences I'd already

569

00:24:38,870 --> 00:24:36,419

written four books by that time and I

570

00:24:41,630 --> 00:24:38,880

was talking about it and I was

571

00:24:44,270 --> 00:24:41,640

counseling experiencers I was the first

572

00:24:46,789 --> 00:24:44,280

Canadian medical doctor to specialize in

573

00:24:48,770 --> 00:24:46,799

counseling experiencers and researching

574

00:24:50,990 --> 00:24:48,780

the whole spectrum of spiritually

575

00:24:53,330 --> 00:24:51,000

transformative experiences I loved what

576

00:24:56,330 --> 00:24:53,340

I did loved what I did

577

00:24:59,090 --> 00:24:56,340

but it became clear after the head

578

00:25:01,610 --> 00:24:59,100

injury that for whatever reason and the

579

00:25:04,789 --> 00:25:01,620

cosmic design

580

00:25:07,430 --> 00:25:04,799

that life was over you know that that

581

00:25:10,130 --> 00:25:07,440

I'd had this wonderful what I thought

582

00:25:12,230 --> 00:25:10,140

was interesting very rich and rewarding

583

00:25:14,570 --> 00:25:12,240

life before my head injury that that

584

00:25:16,190 --> 00:25:14,580

chapter was over now I was a disabled

585

00:25:19,130 --> 00:25:16,200

person

586

00:25:23,210 --> 00:25:19,140

um I went to neuro-rehabilitation for

587

00:25:26,450 --> 00:25:23,220

seven years trying to to get better and

588

00:25:29,390 --> 00:25:26,460

finally I had to you know come to a

589

00:25:31,430 --> 00:25:29,400

place of acceptance I tried to use the

590

00:25:33,529 --> 00:25:31,440

spiritual and psychological learning

591

00:25:36,169 --> 00:25:33,539

that I'd had in my life until that point

592

00:25:38,570 --> 00:25:36,179

uh and one of the principles I've always

593

00:25:40,669 --> 00:25:38,580

tried to live by is try to look at the

594

00:25:42,710 --> 00:25:40,679

cup half full rather than half empty

595

00:25:44,330 --> 00:25:42,720

always try to look at the positive and

596

00:25:46,610 --> 00:25:44,340

and

597

00:25:49,490 --> 00:25:46,620

so when it became clear that I was not

598

00:25:51,470 --> 00:25:49,500

going to be able to return to my work as

599

00:25:53,810 --> 00:25:51,480

a doctor or to writing books or the

600

00:25:55,430 --> 00:25:53,820

public speaking or or volunteering my

601
00:25:57,169 --> 00:25:55,440
son's school all these wonderful things

602
00:25:59,450 --> 00:25:57,179
I used to do

603
00:26:01,909 --> 00:25:59,460
I thought okay well what's the positive

604
00:26:04,789 --> 00:26:01,919
in this well I guess the positive is I

605
00:26:06,649 --> 00:26:04,799
don't have to go to work yes my income

606
00:26:09,529 --> 00:26:06,659
was much lower because I was living on

607
00:26:11,690 --> 00:26:09,539
disability insurance but I don't have to

608
00:26:14,510 --> 00:26:11,700
go to work in the morning so well let's

609
00:26:18,789 --> 00:26:14,520
look at it that way and so I I chose to

610
00:26:22,730 --> 00:26:18,799
frame it as early retirement rather than

611
00:26:24,769 --> 00:26:22,740
oh I'm disabled it's like okay life is

612
00:26:27,289 --> 00:26:24,779
giving me early desirement I've had

613
00:26:29,630 --> 00:26:27,299

retirement I've happened to be disabled

614

00:26:32,930 --> 00:26:29,640

I happened to only have half the normal

615

00:26:34,909 --> 00:26:32,940

person's stamina but I have half a

616

00:26:37,909 --> 00:26:34,919

person stamina so I'll do the best I can

617

00:26:41,450 --> 00:26:37,919

with that half a person stamina anyway I

618

00:26:43,610 --> 00:26:41,460

I also came to realize that I couldn't

619

00:26:46,250 --> 00:26:43,620

serve in the outer ways that I used to

620

00:26:47,750 --> 00:26:46,260

serve by helping experiencers and

621

00:26:50,029 --> 00:26:47,760

educating about spiritually

622

00:26:53,090 --> 00:26:50,039

transformative experiences

623

00:26:56,090 --> 00:26:53,100

how could I now serve and what what came

624

00:26:59,269 --> 00:26:56,100

to me was well I can serve through my

625

00:27:03,230 --> 00:26:59,279

prayers and meditation and so I'll serve

626

00:27:05,330 --> 00:27:03,240

inwardly and so I took my inner life my

627

00:27:07,370 --> 00:27:05,340

spiritual life very very serious at the

628

00:27:09,169 --> 00:27:07,380

same time as I was of course still

629

00:27:10,850 --> 00:27:09,179

trying to do all this physical stuff to

630

00:27:13,370 --> 00:27:10,860

try and get better all the neural rehab

631

00:27:15,350 --> 00:27:13,380

and cleanses and detoxes I mean I did

632

00:27:16,909 --> 00:27:15,360

everything removed my Mercury fillings

633

00:27:19,370 --> 00:27:16,919

you name it I did it to try and get

634

00:27:21,769 --> 00:27:19,380

better but it you know for whatever

635

00:27:24,950 --> 00:27:21,779

reason I remain disabled

636

00:27:26,690 --> 00:27:24,960

so I really focused on regaining my

637

00:27:28,549 --> 00:27:26,700

ability to meditate because that was one

638

00:27:30,649 --> 00:27:28,559

of the things I lost in the head injury

639

00:27:32,990 --> 00:27:30,659

frontal low brain injuries affect your

640

00:27:34,850 --> 00:27:33,000

concentration and and

641

00:27:37,010 --> 00:27:34,860

um I completely lost my ability to

642

00:27:38,990 --> 00:27:37,020

meditate and it took many many years of

643

00:27:39,769 --> 00:27:39,000

really

644

00:27:43,669 --> 00:27:39,779

um

645

00:27:47,149 --> 00:27:43,679

stubborn tenacious effort for me to

646

00:27:49,909 --> 00:27:47,159

gradually gradually gradually regain my

647

00:27:52,190 --> 00:27:49,919

ability to meditate and then my prayer

648

00:27:54,409 --> 00:27:52,200

and my meditation became like my

649

00:27:56,870 --> 00:27:54,419

spiritual anchors as I dealt with the

650

00:27:58,789 --> 00:27:56,880

physical challenges of being a disabled

651
00:28:01,490 --> 00:27:58,799
person in the world

652
00:28:06,169 --> 00:28:04,490
as I shared my book Soul lessons from

653
00:28:09,049 --> 00:28:06,179
the light

654
00:28:11,690 --> 00:28:09,059
just when you think you know you sort of

655
00:28:15,010 --> 00:28:11,700
figured out what what God's plan or the

656
00:28:17,630 --> 00:28:15,020
universe's plan is free life

657
00:28:20,510 --> 00:28:17,640
because you never know when a surprise

658
00:28:24,950 --> 00:28:20,520
is going to hit you because much to my

659
00:28:29,950 --> 00:28:24,960
surprise and since we spoke last Alex I

660
00:28:34,850 --> 00:28:29,960
had a miracle happen to me on February

661
00:28:37,610 --> 00:28:34,860
24th 2016. so this was about 12 and a

662
00:28:39,830 --> 00:28:37,620
half years after I was disabled by the

663
00:28:41,870 --> 00:28:39,840

traumatic brain injury so I and and

664

00:28:44,990 --> 00:28:41,880

medical doctors you know medical

665

00:28:46,730 --> 00:28:45,000

teaching I mean I'm a medical doctor the

666

00:28:50,029 --> 00:28:46,740

teaching is that after two years

667

00:28:51,590 --> 00:28:50,039

following a neurological injury if you

668

00:28:54,049 --> 00:28:51,600

haven't healed by then well it's

669

00:28:56,630 --> 00:28:54,059

considered chronic or permanent you know

670

00:28:57,710 --> 00:28:56,640

very rarely very rarely might be a

671

00:29:01,130 --> 00:28:57,720

little bit of improvement but it's

672

00:29:03,169 --> 00:29:01,140

considered permanent and uh this was 12

673

00:29:06,950 --> 00:29:03,179

and a half years later

674

00:29:08,690 --> 00:29:06,960

so I'm meditating uh down in Encinitas

675

00:29:12,049 --> 00:29:08,700

California at the self-realization

676

00:29:14,149 --> 00:29:12,059

fellowship retreat at a power place I

677

00:29:16,730 --> 00:29:14,159

love to meditate at Power places because

678

00:29:19,730 --> 00:29:16,740

having had five near-death experiences

679

00:29:21,529 --> 00:29:19,740

I'm very intuitive and very sensitive to

680

00:29:23,750 --> 00:29:21,539

spiritual vibrations and there's a

681

00:29:25,850 --> 00:29:23,760

strong spiritual vibration there because

682

00:29:28,610 --> 00:29:25,860

that's one of the places where parlahan

683

00:29:31,070 --> 00:29:28,620

say Yogananda the great Saint American

684

00:29:33,049 --> 00:29:31,080

Saint father of yoga where he used to

685

00:29:35,510 --> 00:29:33,059

commune with God and go into these great

686

00:29:38,630 --> 00:29:35,520

samadhi mystical experiences so there's

687

00:29:40,909 --> 00:29:38,640

a strong spiritual vibration there and I

688

00:29:42,889 --> 00:29:40,919

was meditating on the chapel that was

689

00:29:45,889 --> 00:29:42,899

built right on that spot where he had

690

00:29:49,330 --> 00:29:45,899

this samadhi experiences on February 24

691

00:29:50,930 --> 00:29:49,340

2016 and suddenly

692

00:29:53,810 --> 00:29:50,940

inwardly

693

00:29:55,250 --> 00:29:53,820

I perceived this eruption of light in

694

00:29:58,070 --> 00:29:55,260

the middle of my brain it was like

695

00:30:01,730 --> 00:29:58,080

inwardly it was like a volcano erupted

696

00:30:05,870 --> 00:30:01,740

or a fountain of liquid light suddenly

697

00:30:08,990 --> 00:30:05,880

um sprung forth and it literally it it

698

00:30:10,789 --> 00:30:09,000

inwardly the it was like an area of the

699

00:30:13,190 --> 00:30:10,799

center of my brain that had been in

700

00:30:16,070 --> 00:30:13,200

darkness for over 12 years that suddenly

701
00:30:18,529 --> 00:30:16,080
the lights came on like literally I

702
00:30:21,430 --> 00:30:18,539
could see it bright with light inwardly

703
00:30:24,590 --> 00:30:21,440
and the the subjective

704
00:30:28,789 --> 00:30:24,600
sensation was of waking up it was like

705
00:30:31,070 --> 00:30:28,799
my brain woke up after being asleep for

706
00:30:33,470 --> 00:30:31,080
12 years the the central part of my

707
00:30:36,710 --> 00:30:33,480
brain and at the same time that this

708
00:30:40,070 --> 00:30:36,720
happened there was like a flood gate

709
00:30:42,049 --> 00:30:40,080
that opened it's all these ideas that

710
00:30:43,970 --> 00:30:42,059
had been locked inside of me for the

711
00:30:47,389 --> 00:30:43,980
previous 12 years that I should be

712
00:30:48,950 --> 00:30:47,399
writing in my next books plural or just

713
00:30:51,529 --> 00:30:48,960

streaming through my Consciousness

714

00:30:54,769 --> 00:30:51,539

because I had had a little bit of a

715

00:30:57,409 --> 00:30:54,779

walked in phenomenon so

716

00:31:01,070 --> 00:30:57,419

and how my doctors explain that to me is

717

00:31:03,169 --> 00:31:01,080

that using the computer analogy uh the

718

00:31:06,529 --> 00:31:03,179

hard drive of my brain the hard drive of

719

00:31:09,110 --> 00:31:06,539

my computer so the long-term memory the

720

00:31:11,389 --> 00:31:09,120

spiritual insights the life experience

721

00:31:14,330 --> 00:31:11,399

that was all there that was all intact

722

00:31:16,010 --> 00:31:14,340

my hard drive was never injured or my

723

00:31:18,110 --> 00:31:16,020

intelligence none of that was injured

724

00:31:20,210 --> 00:31:18,120

but it was like having a computer with

725

00:31:21,710 --> 00:31:20,220

an intact hard drive where maybe the

726

00:31:25,310 --> 00:31:21,720

keyboard The Mouse and the screen

727

00:31:27,590 --> 00:31:25,320

artwork is so it doesn't matter the hard

728

00:31:29,870 --> 00:31:27,600

drive is okay because you can't use it

729

00:31:32,029 --> 00:31:29,880

you know prevent me anything because the

730

00:31:34,310 --> 00:31:32,039

keyboard The Mouse and the screen aren't

731

00:31:36,529 --> 00:31:34,320

working well it was like with that

732

00:31:39,889 --> 00:31:36,539

healing all that hard drive wanted to

733

00:31:42,529 --> 00:31:39,899

get all this stuff back and so I had a a

734

00:31:45,350 --> 00:31:42,539

very strong inner message when the

735

00:31:48,710 --> 00:31:45,360

healing happened which is pass on what

736

00:31:50,750 --> 00:31:48,720

you have learned and so uh some of my

737

00:31:53,510 --> 00:31:50,760

friends say I was offline for

738

00:31:56,090 --> 00:31:53,520

refurbishment for 12 years and so now

739

00:31:59,149 --> 00:31:56,100

it's a bond version two 2.0 that came

740

00:32:03,169 --> 00:31:59,159

out and who knows in the divine plan but

741

00:32:06,350 --> 00:32:03,179

that is what happens and and uh so I

742

00:32:08,029 --> 00:32:06,360

wrote two I've written now two new books

743

00:32:10,669 --> 00:32:08,039

that's my brain healing I just started

744

00:32:13,250 --> 00:32:10,679

writing like a like a fiend

745

00:32:15,230 --> 00:32:13,260

um ask her uh the healing and the first

746

00:32:17,630 --> 00:32:15,240

one that I wrote is Touched By the Light

747

00:32:20,870 --> 00:32:17,640

that you had mentioned earlier on which

748

00:32:23,510 --> 00:32:20,880

has like a uh it's like a summary of my

749

00:32:25,490 --> 00:32:23,520

40 Years of research into spiritually

750

00:32:27,590 --> 00:32:25,500

transformative experiences I give all

751

00:32:29,630 --> 00:32:27,600

the definitions of the different types

752

00:32:32,330 --> 00:32:29,640

of experiences that I give case examples

753

00:32:35,510 --> 00:32:32,340

for them so people will read it and go

754

00:32:37,370 --> 00:32:35,520

oh that's what that's called I had that

755

00:32:40,970 --> 00:32:37,380

experience I didn't know that was called

756

00:32:43,789 --> 00:32:40,980

a x whatever but uh so that came out in

757

00:32:45,590 --> 00:32:43,799

2019 and then the second book that I've

758

00:32:48,010 --> 00:32:45,600

just written that just came out in

759

00:32:52,190 --> 00:32:48,020

December is soul lessons from the light

760

00:32:54,049 --> 00:32:52,200

and that is my personal Spiritual

761

00:32:57,590 --> 00:32:54,059

Awakening journey and I'm really

762

00:33:00,350 --> 00:32:57,600

delighted to share it and as as you

763

00:33:03,049 --> 00:33:00,360

mentioned that that um

764

00:33:05,210 --> 00:33:03,059

I talk about all five of my near-death

765

00:33:07,250 --> 00:33:05,220

experiences my Kundalini Awakening many

766

00:33:10,010 --> 00:33:07,260

other mystical experiences past life

767

00:33:11,570 --> 00:33:10,020

recall all sorts of Clairvoyance Fair

768

00:33:13,250 --> 00:33:11,580

audience so Essentials all sorts of

769

00:33:16,730 --> 00:33:13,260

stuff that happened to me

770

00:33:19,730 --> 00:33:16,740

but you know it's I I want to say two

771

00:33:22,190 --> 00:33:19,740

things is that um

772

00:33:25,549 --> 00:33:22,200

it's really really special to me both

773

00:33:28,250 --> 00:33:25,559

the books are special to me because they

774

00:33:32,269 --> 00:33:28,260

they show people

775

00:33:34,970 --> 00:33:32,279

that Miracles can happen

776

00:33:38,269 --> 00:33:34,980

you know and I encourage people

777

00:33:40,190 --> 00:33:38,279

never give up hope you know I mean we

778

00:33:42,350 --> 00:33:40,200

have to be realistic we have to deal

779

00:33:45,669 --> 00:33:42,360

with the situation that's in front of us

780

00:33:49,450 --> 00:33:45,679

but always keep a little part of you

781

00:33:54,049 --> 00:33:49,460

don't let go of Hope completely because

782

00:33:55,850 --> 00:33:54,059

Miracles can and do happen and I am a

783

00:33:58,970 --> 00:33:55,860

living testimonial of that these two

784

00:34:01,190 --> 00:33:58,980

books are evidence that that Miracles

785

00:34:05,090 --> 00:34:01,200

can and do happen and if it could happen

786

00:34:07,669 --> 00:34:05,100

to me it could happen to you

787

00:34:09,409 --> 00:34:07,679

the the other thing that I think you

788

00:34:11,290 --> 00:34:09,419

said you know having had a life like

789

00:34:14,690 --> 00:34:11,300

this like what what what what what

790

00:34:17,690 --> 00:34:14,700

did I learn from having had a life like

791

00:34:19,730 --> 00:34:17,700

this with all of these experiences and

792

00:34:22,190 --> 00:34:19,740

now with this most recent experience

793

00:34:24,470 --> 00:34:22,200

with being disabled and then being

794

00:34:26,629 --> 00:34:24,480

healed and having been clinically dead

795

00:34:28,550 --> 00:34:26,639

as the other ones I was close to death

796

00:34:31,310 --> 00:34:28,560

my their near-death experiences this was

797

00:34:32,629 --> 00:34:31,320

the only one where I was clinically dead

798

00:34:35,329 --> 00:34:32,639

and

799

00:34:38,270 --> 00:34:35,339

you know those are sort of my my closing

800

00:34:39,950 --> 00:34:38,280

conclusions of the of of this book is

801
00:34:42,950 --> 00:34:39,960
you know what have you learned from a

802
00:34:46,849 --> 00:34:42,960
lifetime there's like this and I think

803
00:34:49,190 --> 00:34:46,859
the main things that I learned

804
00:34:50,750 --> 00:34:49,200
I'm just going to put a very very simply

805
00:34:53,089 --> 00:34:50,760
and then you can ask me all the

806
00:34:54,710 --> 00:34:53,099
questions you want but is the importance

807
00:34:58,970 --> 00:34:54,720
of love

808
00:35:02,750 --> 00:34:58,980
um

809
00:35:05,630 --> 00:35:02,760
you know some people have baggage around

810
00:35:07,550 --> 00:35:05,640
terms like God or the higher power if

811
00:35:10,310 --> 00:35:07,560
you want to use a different term spirit

812
00:35:11,990 --> 00:35:10,320
all of ramen the force

813
00:35:14,150 --> 00:35:12,000

you know having been over on the other

814

00:35:16,790 --> 00:35:14,160

side five times

815

00:35:18,650 --> 00:35:16,800

it doesn't matter to me what name people

816

00:35:20,510 --> 00:35:18,660

want to call it you can call it whatever

817

00:35:23,210 --> 00:35:20,520

you want you know from your your

818

00:35:27,290 --> 00:35:23,220

particular background or tradition but

819

00:35:30,349 --> 00:35:27,300

but there is an intelligence

820

00:35:32,150 --> 00:35:30,359

behind the universe no matter what name

821

00:35:33,109 --> 00:35:32,160

we call it or whether we believe in it

822

00:35:36,170 --> 00:35:33,119

or not

823

00:35:40,069 --> 00:35:36,180

and the fundamental nature that I have

824

00:35:43,810 --> 00:35:40,079

experienced of this intelligence Force

825

00:35:48,050 --> 00:35:43,820

is the love that it's incredibly

826
00:35:51,470 --> 00:35:48,060
loving and that we're all it's like

827
00:35:54,230 --> 00:35:51,480
we're all connected

828
00:35:56,210 --> 00:35:54,240
to this love I I call it sometimes like

829
00:35:58,370 --> 00:35:56,220
a billion or trillion legs on a

830
00:36:00,170 --> 00:35:58,380
millipede we're all connected we're all

831
00:36:02,270 --> 00:36:00,180
equally connected all the legs are

832
00:36:05,690 --> 00:36:02,280
equally connected we're all part of this

833
00:36:08,349 --> 00:36:05,700
big Universal plan unfolding but our

834
00:36:11,270 --> 00:36:08,359
capacity is little legs

835
00:36:13,550 --> 00:36:11,280
we don't have the capacity to have the

836
00:36:16,010 --> 00:36:13,560
awareness and the understanding that

837
00:36:18,410 --> 00:36:16,020
we're part of something much bigger and

838
00:36:20,450 --> 00:36:18,420

that we're we're all connected in some

839

00:36:23,210 --> 00:36:20,460

way we're all part of this big Universal

840

00:36:25,609 --> 00:36:23,220

team and actually everything works

841

00:36:27,829 --> 00:36:25,619

better for everybody if we learn to love

842

00:36:30,050 --> 00:36:27,839

one another and work together rather

843

00:36:30,770 --> 00:36:30,060

than get into ego conflicts with each

844

00:36:35,510 --> 00:36:30,780

other

845

00:36:37,550 --> 00:36:35,520

take-home message I've learned from

846

00:36:38,510 --> 00:36:37,560

having all of these experiences in my

847

00:36:40,670 --> 00:36:38,520

life

848

00:36:42,230 --> 00:36:40,680

spiritual experiences

849

00:36:43,849 --> 00:36:42,240

is that

850

00:36:47,450 --> 00:36:43,859

um

851

00:36:50,270 --> 00:36:47,460

I'm not the physical body

852

00:36:53,150 --> 00:36:50,280

and none of us are the physical body

853

00:36:56,329 --> 00:36:53,160

we are whatever you want to call us

854

00:36:58,730 --> 00:36:56,339

souls or spirits that are living inside

855

00:37:00,890 --> 00:36:58,740

the physical body like you know like you

856

00:37:03,349 --> 00:37:00,900

go inside a card and move around and

857

00:37:07,670 --> 00:37:03,359

when the car gets old well if you get a

858

00:37:10,730 --> 00:37:07,680

new part so and that's similarly when uh

859

00:37:15,589 --> 00:37:10,740

our lifespan is has ended whatever uh

860

00:37:17,810 --> 00:37:15,599

age we we leave we our soul exits the

861

00:37:21,589 --> 00:37:17,820

physical body like exiting an old car

862

00:37:23,510 --> 00:37:21,599

I've experienced it five times many

863

00:37:26,270 --> 00:37:23,520

other people have made testimonies to

864

00:37:31,010 --> 00:37:26,280

this but we what we are the soul of

865

00:37:34,970 --> 00:37:31,020

spirit we live on and after a certain

866

00:37:37,790 --> 00:37:34,980

period of what we call time down here we

867

00:37:41,089 --> 00:37:37,800

seem to come back and incarnate again

868

00:37:42,770 --> 00:37:41,099

and maybe on this planet maybe not but

869

00:37:44,750 --> 00:37:42,780

most of us tend to Incarnate back on

870

00:37:46,550 --> 00:37:44,760

this planet at this point in our

871

00:37:47,089 --> 00:37:46,560

Evolution and

872

00:37:47,930 --> 00:37:47,099

[Music]

873

00:37:51,109 --> 00:37:47,940

um

874

00:37:54,890 --> 00:37:51,119

what I was shown and what I've learned

875

00:37:58,069 --> 00:37:54,900

and also I saw with remembering my past

876

00:38:00,170 --> 00:37:58,079

lives is it's like a big Cosmic school

877

00:38:01,790 --> 00:38:00,180

you know and the reason we have to keep

878

00:38:04,130 --> 00:38:01,800

coming back as well we've got more

879

00:38:06,230 --> 00:38:04,140

lessons to learn I'm going to be

880

00:38:08,030 --> 00:38:06,240

finished grade two well you still need

881

00:38:10,790 --> 00:38:08,040

to come back and do grade three and

882

00:38:12,470 --> 00:38:10,800

maybe pass grades three math but you

883

00:38:14,930 --> 00:38:12,480

didn't pass grade three I don't know

884

00:38:16,730 --> 00:38:14,940

spelling or something so you're partly

885

00:38:19,970 --> 00:38:16,740

in one grade partly in another grade

886

00:38:23,089 --> 00:38:19,980

uniquely for what your soul needs in

887

00:38:25,310 --> 00:38:23,099

order to learn and the last point I'm

888

00:38:27,470 --> 00:38:25,320

going to say is that what I was shown

889

00:38:32,589 --> 00:38:27,480

and what I've learned is it's a happy

890

00:38:36,470 --> 00:38:35,150

how many lifetimes it's going to take or

891

00:38:39,829 --> 00:38:36,480

how many more errors we're gonna make

892

00:38:42,170 --> 00:38:39,839

but in the end it seems the divine plan

893

00:38:44,450 --> 00:38:42,180

is that we're all eventually going to

894

00:38:46,069 --> 00:38:44,460

graduate from this school which

895

00:38:49,310 --> 00:38:46,079

sometimes seems like a chamber of

896

00:38:50,930 --> 00:38:49,320

Horrors but it is a school where we're

897

00:38:53,930 --> 00:38:50,940

learning lessons through all of these

898

00:38:55,970 --> 00:38:53,940

experiences and one day every soul will

899

00:38:57,349 --> 00:38:55,980

graduate and make their way home so

900

00:38:58,849 --> 00:38:57,359

how's that for an answer for your

901
00:39:01,609 --> 00:38:58,859

question

902
00:39:03,890 --> 00:39:01,619

well it certainly leaves uh leaves a lot

903
00:39:05,510 --> 00:39:03,900

of questions maybe the place to start

904
00:39:08,030 --> 00:39:05,520

and I don't know we'll just kind of take

905
00:39:10,250 --> 00:39:08,040

this as it comes but I just interviewed

906
00:39:11,810 --> 00:39:10,260

so happens I really do two interviews in

907
00:39:13,910 --> 00:39:11,820

a week but just yesterday a scheduling

908
00:39:15,950 --> 00:39:13,920

worked out I interviewed a near-death

909
00:39:18,050 --> 00:39:15,960

experience a really nice guy the guy's

910
00:39:21,710 --> 00:39:18,060

name is Vinnie Tolman

911
00:39:24,230 --> 00:39:21,720

I don't know it was he was dead dead on

912
00:39:26,210 --> 00:39:24,240

the floor of the Dairy Queen for an hour

913
00:39:28,730 --> 00:39:26,220

before they came and got him and he was

914

00:39:31,250 --> 00:39:28,740

rigor mortis had set in and stuff like

915

00:39:33,050 --> 00:39:31,260

that and uh they cut him out of the body

916

00:39:35,750 --> 00:39:33,060

bag I love that part of his throat cut

917

00:39:38,089 --> 00:39:35,760

him out of the body bag because one of

918

00:39:41,089 --> 00:39:38,099

the EMT guys just had first day on the

919

00:39:43,790 --> 00:39:41,099

job had this just intuitive sense that I

920

00:39:45,349 --> 00:39:43,800

needed to do it and the other guys who

921

00:39:47,150 --> 00:39:45,359

are the other team members were like kid

922

00:39:49,849 --> 00:39:47,160

what are you doing stop that don't quit

923

00:39:52,130 --> 00:39:49,859

messing with that dead body and you know

924

00:39:54,890 --> 00:39:52,140

you it came back to life that's awesome

925

00:39:56,569 --> 00:39:54,900

came back to life Wow here's the

926
00:40:00,170 --> 00:39:56,579
question what are we doing with these

927
00:40:02,630 --> 00:40:00,180
nde stories what is what is the purpose

928
00:40:05,990 --> 00:40:02,640
of those as I'm listening to your story

929
00:40:08,150 --> 00:40:06,000
I'm going there's a certain fantastic

930
00:40:10,069 --> 00:40:08,160
it's fantastic it's a great story and

931
00:40:12,530 --> 00:40:10,079
you have to share it but there's a

932
00:40:15,349 --> 00:40:12,540
certain yada yada to it you know heard

933
00:40:17,630 --> 00:40:15,359
him heard him heard multiple ones been

934
00:40:21,470 --> 00:40:17,640
on Jeff Long's website thousands of them

935
00:40:22,670 --> 00:40:21,480
read them for inspiration I get it it's

936
00:40:29,829 --> 00:40:22,680
important

937
00:40:32,630 --> 00:40:29,839
but one of the things that we know about

938
00:40:34,430 --> 00:40:32,640

near-death experiencers

939

00:40:36,589 --> 00:40:34,440

and one of the things I want to do as an

940

00:40:39,109 --> 00:40:36,599

aside and I've told you this is I want

941

00:40:41,630 --> 00:40:39,119

to kind of cross-correlate this with the

942

00:40:44,030 --> 00:40:41,640

other interviews I've done and just

943

00:40:46,730 --> 00:40:44,040

recently interviewed pmh Outwater and

944

00:40:50,450 --> 00:40:46,740

what I think she really pointed us

945

00:40:52,910 --> 00:40:50,460

towards very accurately with her long

946

00:40:55,730 --> 00:40:52,920

time near-death experience researcher is

947

00:40:58,069 --> 00:40:55,740

the after effects and one of the after

948

00:40:59,290 --> 00:40:58,079

effects that's kind of strange is this

949

00:41:01,910 --> 00:40:59,300

kind of

950

00:41:04,609 --> 00:41:01,920

proselytizing people come back and

951
00:41:08,390 --> 00:41:04,619
they're converted and then they want to

952
00:41:09,890 --> 00:41:08,400
convert everybody else and they also in

953
00:41:12,349 --> 00:41:09,900
the process they sometimes turn other

954
00:41:14,210 --> 00:41:12,359
people off I rate a divorce little

955
00:41:17,829 --> 00:41:14,220
thoughts because they're sometimes

956
00:41:20,870 --> 00:41:17,839
depressed and there is a certain

957
00:41:24,310 --> 00:41:20,880
toughness about you that I really like

958
00:41:27,170 --> 00:41:24,320
in your story it is that yoga toughness

959
00:41:30,550 --> 00:41:27,180
that I think comes through it's

960
00:41:34,790 --> 00:41:30,560
different than the Christian Evangelical

961
00:41:38,390 --> 00:41:34,800
holy Jesus role in the aisles it's kind

962
00:41:41,630 --> 00:41:38,400
of a no get up sit on the mat do the

963
00:41:43,190 --> 00:41:41,640

work do the work the next day or there's

964

00:41:44,990 --> 00:41:43,200

no place to go

965

00:41:49,550 --> 00:41:45,000

we're not going to get there in front of

966

00:41:53,329 --> 00:41:49,560

anyone else do the freaking work so

967

00:41:55,310 --> 00:41:53,339

the point though is what do we suppose

968

00:41:58,190 --> 00:41:55,320

what do you suppose

969

00:42:00,349 --> 00:41:58,200

is the point of the near-death

970

00:42:02,810 --> 00:42:00,359

experience story

971

00:42:07,010 --> 00:42:02,820

where does it work

972

00:42:08,990 --> 00:42:07,020

where does it fail us who are subjected

973

00:42:12,109 --> 00:42:09,000

to to it

974

00:42:15,170 --> 00:42:12,119

how do we process that how do we work

975

00:42:17,150 --> 00:42:15,180

with that as opposed to

976
00:42:20,690 --> 00:42:17,160
or in addition to the near-death

977
00:42:23,030 --> 00:42:20,700
experience science okay well I that's a

978
00:42:25,550 --> 00:42:23,040
great question thank you Alex and I have

979
00:42:27,170 --> 00:42:25,560
a few points I'd like to make about that

980
00:42:27,950 --> 00:42:27,180
I think

981
00:42:31,069 --> 00:42:27,960
um

982
00:42:34,670 --> 00:42:31,079
first off I think that near-death

983
00:42:36,050 --> 00:42:34,680
experiences are becoming more common so

984
00:42:37,730 --> 00:42:36,060
I'd like to say that I think they're

985
00:42:42,230 --> 00:42:37,740
becoming more common

986
00:42:44,810 --> 00:42:42,240
we have all these medical resuscitation

987
00:42:46,910 --> 00:42:44,820
techniques you know that that like with

988
00:42:49,930 --> 00:42:46,920

the cardiac arrest story all of the

989

00:42:52,970 --> 00:42:49,940

people in pinball lumbles uh research

990

00:42:55,970 --> 00:42:52,980

they all got resuscitated like with

991

00:42:57,410 --> 00:42:55,980

defibrillators Etc and we have all sorts

992

00:43:00,050 --> 00:42:57,420

of other stuff we have stories now

993

00:43:01,849 --> 00:43:00,060

people on covid respirators having

994

00:43:04,670 --> 00:43:01,859

near-death experience of course before

995

00:43:06,530 --> 00:43:04,680

the technology of respirators they would

996

00:43:07,430 --> 00:43:06,540

have passed away you know that that so

997

00:43:10,190 --> 00:43:07,440

we have

998

00:43:12,589 --> 00:43:10,200

drugs that treat pneumonia all sorts of

999

00:43:16,069 --> 00:43:12,599

things surgery for heart conditions so

1000

00:43:18,170 --> 00:43:16,079

our medical advances we we are

1001
00:43:20,270 --> 00:43:18,180
resuscitating more people and actually

1002
00:43:22,130 --> 00:43:20,280
there's research now that with

1003
00:43:23,870 --> 00:43:22,140
defibrillators they are bringing people

1004
00:43:26,329 --> 00:43:23,880
back who've been dead for well

1005
00:43:28,430 --> 00:43:26,339
considerable periods of time then you

1006
00:43:30,410 --> 00:43:28,440
have the other experience like the

1007
00:43:32,930 --> 00:43:30,420
fellow you interviewed yesterday or this

1008
00:43:34,790 --> 00:43:32,940
week who he came back on his own after

1009
00:43:36,650 --> 00:43:34,800
being dead some period of time just to

1010
00:43:38,930 --> 00:43:36,660
clarify they Zapped him the guy cuts him

1011
00:43:42,670 --> 00:43:38,940
out of the body bag hits them with the

1012
00:43:47,510 --> 00:43:46,010
yeah yeah so again so then that's what I

1013
00:43:50,390 --> 00:43:47,520

was saying in the first place it was the

1014

00:43:52,849 --> 00:43:50,400

resuscitation technique so it's a

1015

00:43:55,130 --> 00:43:52,859

phenomenon that's happening more

1016

00:43:57,530 --> 00:43:55,140

but hold on let me interject there I'll

1017

00:44:00,349 --> 00:43:57,540

have this already we got it's

1018

00:44:04,069 --> 00:44:00,359

problematic because that's not exactly

1019

00:44:07,250 --> 00:44:04,079

Vinnie's story right Vinnie's story is

1020

00:44:10,069 --> 00:44:07,260

he's above his body he's seeing the body

1021

00:44:12,109 --> 00:44:10,079

and add this to it because this is the

1022

00:44:15,109 --> 00:44:12,119

god Consciousness this is the part that

1023

00:44:17,270 --> 00:44:15,119

we have to process because when you say

1024

00:44:20,210 --> 00:44:17,280

resuscitation techniques technology

1025

00:44:21,650 --> 00:44:20,220

great man I want to go there I want to

1026

00:44:24,250 --> 00:44:21,660

talk about all that the role of

1027

00:44:27,770 --> 00:44:24,260

Technology but Vinnie's story is

1028

00:44:29,630 --> 00:44:27,780

suddenly I saw a light

1029

00:44:33,050 --> 00:44:29,640

in this guy

1030

00:44:35,569 --> 00:44:33,060

in this young trainee at the EMT and

1031

00:44:40,069 --> 00:44:35,579

this light was just glowing through him

1032

00:44:43,490 --> 00:44:40,079

and I heard a voice that said you gotta

1033

00:44:45,410 --> 00:44:43,500

do this and the guy takes action so this

1034

00:44:47,510 --> 00:44:45,420

is not you know you could say the

1035

00:44:49,550 --> 00:44:47,520

Technology's there but there's some kind

1036

00:44:52,069 --> 00:44:49,560

of but there's an additional component

1037

00:44:54,050 --> 00:44:52,079

because here's the other part of that is

1038

00:44:55,309 --> 00:44:54,060

that then he goes back to the guy and

1039

00:44:56,990 --> 00:44:55,319

interviews the guy because one of the

1040

00:44:59,210 --> 00:44:57,000

things I really pushed Vinnie on as I

1041

00:45:01,910 --> 00:44:59,220

said we need to be able to verify your

1042

00:45:03,829 --> 00:45:01,920

story right off the bat so like I I

1043

00:45:05,589 --> 00:45:03,839

believe you but I don't believe you so

1044

00:45:08,569 --> 00:45:05,599

publish all the names of everybody

1045

00:45:10,370 --> 00:45:08,579

because that's what it takes and if we

1046

00:45:14,089 --> 00:45:10,380

go back to the history Evan Alexander

1047

00:45:16,790 --> 00:45:14,099

you know debunked uh Esquire magazine

1048

00:45:19,130 --> 00:45:16,800

and then undebunked because you go and

1049

00:45:20,809 --> 00:45:19,140

you really do the work thoroughly and

1050

00:45:22,250 --> 00:45:20,819

that's part of the game too of what game

1051

00:45:25,550 --> 00:45:22,260

is being played in terms of

1052

00:45:27,349 --> 00:45:25,560

misinformation disinformation image

1053

00:45:29,089 --> 00:45:27,359

cheapening and all the rest of that Evan

1054

00:45:32,030 --> 00:45:29,099

Alexander comes through that with flying

1055

00:45:34,250 --> 00:45:32,040

colors but he had to go through the the

1056

00:45:36,650 --> 00:45:34,260

mill to do that

1057

00:45:38,809 --> 00:45:36,660

so that's what Vinnie needs to do but

1058

00:45:41,569 --> 00:45:38,819

when he goes back and talks to the EMT

1059

00:45:43,550 --> 00:45:41,579

the EMT he says did you feel though did

1060

00:45:46,790 --> 00:45:43,560

you see the light did you hear the voice

1061

00:45:48,890 --> 00:45:46,800

and the guy goes nah I had none of that

1062

00:45:50,410 --> 00:45:48,900

stuff I just felt like I needed to do it

1063

00:45:54,109 --> 00:45:50,420

right so

1064

00:45:55,970 --> 00:45:54,119

processing that leaves a lot of leaves a

1065

00:45:59,089 --> 00:45:55,980

lot of gaps but the first thing is it

1066

00:46:00,770 --> 00:45:59,099

doesn't exactly fit with your first

1067

00:46:02,210 --> 00:46:00,780

answer there not that you're you're

1068

00:46:03,650 --> 00:46:02,220

right or wrong but it's like this is

1069

00:46:05,930 --> 00:46:03,660

what we're this is what we're dealing

1070

00:46:08,089 --> 00:46:05,940

with in sorting this thing out you know

1071

00:46:09,829 --> 00:46:08,099

we go to the Mystic Yvonne and she says

1072

00:46:12,349 --> 00:46:09,839

well it's because we have more

1073

00:46:14,030 --> 00:46:12,359

technology and then I said that was one

1074

00:46:15,890 --> 00:46:14,040

of the reasons I didn't say that was the

1075

00:46:18,650 --> 00:46:15,900

only reason you know that's one of the

1076

00:46:20,930 --> 00:46:18,660

reasons uh I was going to about to say

1077

00:46:23,569 --> 00:46:20,940

uh sort of interrupt there but I think

1078

00:46:25,790 --> 00:46:23,579

we're also hearing about it more so

1079

00:46:27,770 --> 00:46:25,800

because we really don't have a barometer

1080

00:46:29,510 --> 00:46:27,780

about how many we know that it's been

1081

00:46:31,550 --> 00:46:29,520

happening in the past because there are

1082

00:46:33,410 --> 00:46:31,560

documentations going back in history I

1083

00:46:35,870 --> 00:46:33,420

can go into some of that if you want but

1084

00:46:38,390 --> 00:46:35,880

that we know that um I'll give you one

1085

00:46:40,490 --> 00:46:38,400

example there uh Gopi Krishna wrote

1086

00:46:43,069 --> 00:46:40,500

about this who was a Indian scholar who

1087

00:46:45,349 --> 00:46:43,079

wrote about Kundalini Awakening and he

1088

00:46:47,150 --> 00:46:45,359

thought that a particular

1089

00:46:49,490 --> 00:46:47,160

um Tech he thought there was a

1090

00:46:52,010 --> 00:46:49,500

relationship between Kundalini Awakening

1091

00:46:55,130 --> 00:46:52,020

and near-death experiences which also

1092

00:46:56,809 --> 00:46:55,140

connects to the the after effects why so

1093

00:46:59,510 --> 00:46:56,819

many people have near-death experiences

1094

00:47:01,550 --> 00:46:59,520

have the same type of After Effects is

1095

00:47:03,890 --> 00:47:01,560

somebody who's had a Kundalini Awakening

1096

00:47:05,270 --> 00:47:03,900

that may be their Awakening Kundalini

1097

00:47:06,890 --> 00:47:05,280

with their near-death experience and

1098

00:47:08,390 --> 00:47:06,900

I've actually written about that and I

1099

00:47:11,569 --> 00:47:08,400

have several videos where I talk about

1100

00:47:14,990 --> 00:47:11,579

that but Gopi Krishna said that he

1101
00:47:17,329 --> 00:47:15,000
thought the ancient yogic technique and

1102
00:47:20,270 --> 00:47:17,339
it's called mudra

1103
00:47:22,730 --> 00:47:20,280
where a yogi would try and turn their

1104
00:47:24,710 --> 00:47:22,740
tongue back so that it would block their

1105
00:47:28,370 --> 00:47:24,720
Airway so that was actually sort of

1106
00:47:30,650 --> 00:47:28,380
asphyxiate them he thought that the

1107
00:47:34,130 --> 00:47:30,660
reason they were doing that was that

1108
00:47:36,829 --> 00:47:34,140
they were trying to induce a near-death

1109
00:47:39,410 --> 00:47:36,839
experience which would

1110
00:47:42,230 --> 00:47:39,420
activate which would make the Kundalini

1111
00:47:44,690 --> 00:47:42,240
awaken which you know many Advanced Yoga

1112
00:47:48,170 --> 00:47:44,700
practices that's what they're trying to

1113
00:47:50,870 --> 00:47:48,180

do is to awaken the spiritual energy so

1114

00:47:53,750 --> 00:47:50,880

he he speculated that that's where that

1115

00:47:57,349 --> 00:47:53,760

ancient technique came from that is

1116

00:47:59,750 --> 00:47:57,359

interesting and problematic in all ways

1117

00:48:01,550 --> 00:47:59,760

right in all the ways that we're talking

1118

00:48:03,829 --> 00:48:01,560

about these are the next level questions

1119

00:48:05,870 --> 00:48:03,839

that we're not answering so we can't

1120

00:48:07,609 --> 00:48:05,880

just roll on with the story in the next

1121

00:48:09,349 --> 00:48:07,619

I'll tell you you know I interviewed a

1122

00:48:11,450 --> 00:48:09,359

guy do you know Gregory shushan Dr

1123

00:48:12,890 --> 00:48:11,460

Gregory shushan I've heard the name that

1124

00:48:15,790 --> 00:48:12,900

I don't know you probably do because

1125

00:48:19,910 --> 00:48:15,800

you're past president of ions

1126

00:48:21,730 --> 00:48:19,920

and so Gregory sushan has done the most

1127

00:48:25,130 --> 00:48:21,740

extensive work on

1128

00:48:28,670 --> 00:48:25,140

nde's cross-cultural across time right

1129

00:48:30,170 --> 00:48:28,680

so and he's published Oxford trained you

1130

00:48:34,130 --> 00:48:30,180

know academic guy published

1131

00:48:36,170 --> 00:48:34,140

peer-reviewed and there's it it ties all

1132

00:48:39,290 --> 00:48:36,180

this stuff together one is that these

1133

00:48:41,630 --> 00:48:39,300

things happen and at the end of the day

1134

00:48:44,930 --> 00:48:41,640

some of the conclusions he comes to is

1135

00:48:49,130 --> 00:48:44,940

virtually every culture he saw there

1136

00:48:51,849 --> 00:48:49,140

after life belief system is based on

1137

00:48:55,430 --> 00:48:51,859

people having these experiences

1138

00:48:58,430 --> 00:48:55,440

interesting and number two that they

1139

00:49:01,370 --> 00:48:58,440

there is this temptation to induce these

1140

00:49:02,930 --> 00:49:01,380

then right so we hear this shamanically

1141

00:49:04,490 --> 00:49:02,940

right and and this is the right to

1142

00:49:07,069 --> 00:49:04,500

passage you know and you're going to get

1143

00:49:08,930 --> 00:49:07,079

bit by 500 bees or you're going to do

1144

00:49:11,390 --> 00:49:08,940

this you're gonna do that so it's the

1145

00:49:14,390 --> 00:49:11,400

same thing and then we can look at that

1146

00:49:18,290 --> 00:49:14,400

from uh the accounts that we hear

1147

00:49:21,370 --> 00:49:18,300

that might not be necessarily the best

1148

00:49:24,170 --> 00:49:21,380

plan for for an individual but he likes

1149

00:49:25,790 --> 00:49:24,180

and he might die rather than having your

1150

00:49:27,349 --> 00:49:25,800

death experience yeah I was going to

1151

00:49:28,910 --> 00:49:27,359

share another one that Gopi Krishna

1152

00:49:31,910 --> 00:49:28,920

pointed out and I don't know if uh Dr

1153

00:49:34,430 --> 00:49:31,920

shushan also had it in his book but he

1154

00:49:36,410 --> 00:49:34,440

uh Gopi Krishna

1155

00:49:38,150 --> 00:49:36,420

um looks at the headdresses of Egyptian

1156

00:49:39,770 --> 00:49:38,160

pharaohs you know and how they have the

1157

00:49:42,230 --> 00:49:39,780

serpent coming out of the third eye

1158

00:49:45,290 --> 00:49:42,240

region and many of these headdresses and

1159

00:49:46,970 --> 00:49:45,300

the serpent is a really ancient symbol

1160

00:49:50,870 --> 00:49:46,980

for the Kundalini for an act of

1161

00:49:52,270 --> 00:49:50,880

Kundalini so uh he speculated and I mean

1162

00:49:55,430 --> 00:49:52,280

this is speculation

1163

00:49:58,430 --> 00:49:55,440

yeah but but I I find it fascinating and

1164

00:50:01,490 --> 00:49:58,440

to think about as possibilities is that

1165

00:50:04,010 --> 00:50:01,500

he speculated that the ancient Egyptian

1166

00:50:07,430 --> 00:50:04,020

right there was a one ancient Egyptian

1167

00:50:10,069 --> 00:50:07,440

Rite for prospective pharaohs like an

1168

00:50:13,130 --> 00:50:10,079

initiation right where they would lock

1169

00:50:14,930 --> 00:50:13,140

him in a tomb for a period of time so if

1170

00:50:16,730 --> 00:50:14,940

you're locked in the Tomb for a period

1171

00:50:19,870 --> 00:50:16,740

of time you're going to run out of

1172

00:50:22,730 --> 00:50:19,880

oxygen you're going to asphyxiate and so

1173

00:50:25,849 --> 00:50:22,740

one of the things that if Kundalini

1174

00:50:28,430 --> 00:50:25,859

awakens and goes to the brain one of the

1175

00:50:30,530 --> 00:50:28,440

phenomena is that it it saves the brain

1176

00:50:32,990 --> 00:50:30,540

it keeps the brain alive which is why

1177

00:50:34,910 --> 00:50:33,000

Gopi Krishna said he thinks in many

1178

00:50:36,950 --> 00:50:34,920

cases in a near-death experience the

1179

00:50:39,589 --> 00:50:36,960

Kundalini is Awakening because it's like

1180

00:50:42,710 --> 00:50:39,599

the body's mechanism to try and keep the

1181

00:50:45,770 --> 00:50:42,720

brain alive as long as possible and so

1182

00:50:48,170 --> 00:50:45,780

if the person locked in the Tomb had a

1183

00:50:50,210 --> 00:50:48,180

Kundalini Awakening and their brain was

1184

00:50:52,010 --> 00:50:50,220

protected when you know the the people

1185

00:50:53,930 --> 00:50:52,020

doing the initiation would open the tomb

1186

00:50:55,490 --> 00:50:53,940

later yes you are fit to be pharaoh and

1187

00:50:58,250 --> 00:50:55,500

you know if they open their too many is

1188

00:51:00,410 --> 00:50:58,260

dead well guess he's not fit to be zero

1189

00:51:03,349 --> 00:51:00,420

and and

1190

00:51:06,109 --> 00:51:03,359

I mean I find this interesting I find it

1191

00:51:08,030 --> 00:51:06,119

fascinating because when a person has an

1192

00:51:09,710 --> 00:51:08,040

act of Kundalini just like someone who's

1193

00:51:11,690 --> 00:51:09,720

had a near-death experience because

1194

00:51:12,950 --> 00:51:11,700

they're very similar After Effects I

1195

00:51:14,809 --> 00:51:12,960

mean that's part of what I've been

1196

00:51:17,270 --> 00:51:14,819

researching in my career

1197

00:51:18,829 --> 00:51:17,280

is that they tend to become more

1198

00:51:21,950 --> 00:51:18,839

intuitive

1199

00:51:24,950 --> 00:51:21,960

they may develop psychic gifts as After

1200

00:51:27,470 --> 00:51:24,960

Effects they may have mediumship they

1201
00:51:29,329 --> 00:51:27,480
may become Clairvoyant clear audient

1202
00:51:32,150 --> 00:51:29,339
they may develop past life recall

1203
00:51:34,430 --> 00:51:32,160
there's been lots of research into after

1204
00:51:37,069 --> 00:51:34,440
effects and the experiences there's been

1205
00:51:39,230 --> 00:51:37,079
less Research into after effects on

1206
00:51:41,630 --> 00:51:39,240
people with Act of Kundalini but I was

1207
00:51:43,430 --> 00:51:41,640
involved with that research with when I

1208
00:51:45,170 --> 00:51:43,440
was director one of the founders of the

1209
00:51:46,490 --> 00:51:45,180
Kundalini research Network I was the

1210
00:51:50,390 --> 00:51:46,500
director of the Kundalini research

1211
00:51:52,430 --> 00:51:50,400
Network questionnaire project and yes we

1212
00:51:55,549 --> 00:51:52,440
found this as After Effects this was

1213
00:51:57,650 --> 00:51:55,559

published in explore in 20

1214

00:51:58,849 --> 00:51:57,660

I think it was 2020. what are the

1215

00:52:01,430 --> 00:51:58,859

negative effects because I think those

1216

00:52:03,829 --> 00:52:01,440

are underreported and they present kind

1217

00:52:06,230 --> 00:52:03,839

of an interesting question because back

1218

00:52:09,890 --> 00:52:06,240

to the original question is what are we

1219

00:52:12,230 --> 00:52:09,900

to do with the nde accounts because they

1220

00:52:13,549 --> 00:52:12,240

are they are tricky when we process them

1221

00:52:15,109 --> 00:52:13,559

and we're going to talk about that more

1222

00:52:16,490 --> 00:52:15,119

now because yeah we have other people

1223

00:52:19,490 --> 00:52:16,500

saying you know what you're

1224

00:52:21,890 --> 00:52:19,500

misinterpreting that that's uh E.T on

1225

00:52:24,410 --> 00:52:21,900

the in the extended realm that's demonic

1226
00:52:26,630 --> 00:52:24,420
in the extended realm that's okay all

1227
00:52:29,450 --> 00:52:26,640
these other things and I I don't think

1228
00:52:31,430 --> 00:52:29,460
we have any clear understanding of that

1229
00:52:33,710 --> 00:52:31,440
one of the things I appreciate about

1230
00:52:36,170 --> 00:52:33,720
your presentation about

1231
00:52:40,430 --> 00:52:36,180
both here and other places I've heard it

1232
00:52:41,990 --> 00:52:40,440
is you know you you're very uh clear and

1233
00:52:44,990 --> 00:52:42,000
confident in what you're talking about

1234
00:52:47,630 --> 00:52:45,000
but you're also very open about the

1235
00:52:51,109 --> 00:52:47,640
edges of what you know and you're very

1236
00:52:53,089 --> 00:52:51,119
quick to say I don't know maybe could be

1237
00:52:55,309 --> 00:52:53,099
move over this way in that way which I

1238
00:52:58,910 --> 00:52:55,319

think is fantastic is completely

1239

00:53:00,109 --> 00:52:58,920

necessary I I love this story I I just

1240

00:53:01,970 --> 00:53:00,119

wrap this back in and then I'm gonna

1241

00:53:04,549 --> 00:53:01,980

throw the mic back to you one of the

1242

00:53:06,410 --> 00:53:04,559

things you said in your in the original

1243

00:53:09,410 --> 00:53:06,420

account which we've heard many times

1244

00:53:12,170 --> 00:53:09,420

over again is that the download was

1245

00:53:15,470 --> 00:53:12,180

expansive I was in this other realm

1246

00:53:18,290 --> 00:53:15,480

which almost everyone says is the real

1247

00:53:21,589 --> 00:53:18,300

realm is home you know is it not this

1248

00:53:24,349 --> 00:53:21,599

fake realm and there it's like ask a

1249

00:53:25,609 --> 00:53:24,359

question you can't even get it the

1250

00:53:27,410 --> 00:53:25,619

thought in your head it's instantly

1251
00:53:28,970 --> 00:53:27,420
answered you know everything and you

1252
00:53:32,450 --> 00:53:28,980
know stuff that you can't even ask the

1253
00:53:34,670 --> 00:53:32,460
question come down here no funneled in

1254
00:53:37,130 --> 00:53:34,680
I'm now I'm I'm trying to remember my

1255
00:53:39,770 --> 00:53:37,140
dream the next morning and that's right

1256
00:53:43,370 --> 00:53:39,780
down to a Pentium 2 again that's right

1257
00:53:45,349 --> 00:53:43,380
so I I want to roll that back into how

1258
00:53:48,650 --> 00:53:45,359
are we to understand the near-death

1259
00:53:50,390 --> 00:53:48,660
experience so I have to say two points

1260
00:53:53,530 --> 00:53:50,400
here I started saying it we got off in a

1261
00:53:56,210 --> 00:53:53,540
Direction one point is there are many

1262
00:53:57,770 --> 00:53:56,220
different there are at least three

1263
00:53:59,569 --> 00:53:57,780

different types of near-death

1264

00:54:02,450 --> 00:53:59,579

experiences and I go into that in great

1265

00:54:04,910 --> 00:54:02,460

deal and touch by the light is that

1266

00:54:07,430 --> 00:54:04,920

people are right now sort of putting it

1267

00:54:10,370 --> 00:54:07,440

all in one shoe box it's all one thing

1268

00:54:11,990 --> 00:54:10,380

and no it's not there are acts that

1269

00:54:13,730 --> 00:54:12,000

doesn't matter I I know that so there's

1270

00:54:15,970 --> 00:54:13,740

an auto body and then there's talk going

1271

00:54:18,890 --> 00:54:15,980

to heaven and there's the other one

1272

00:54:20,750 --> 00:54:18,900

okay it's all the same in terms of

1273

00:54:22,790 --> 00:54:20,760

people are coming back and they're

1274

00:54:24,530 --> 00:54:22,800

telling their stories okay and what are

1275

00:54:25,730 --> 00:54:24,540

we going to do with those stories and in

1276

00:54:28,430 --> 00:54:25,740

particular because we're going to talk

1277

00:54:30,710 --> 00:54:28,440

about the other stories that don't have

1278

00:54:33,410 --> 00:54:30,720

a near-death experience that mirror it

1279

00:54:35,930 --> 00:54:33,420

so the shamanic stories that do it the

1280

00:54:38,569 --> 00:54:35,940

Psychedelic experiences the ET

1281

00:54:40,609 --> 00:54:38,579

experiences I get what you're saying but

1282

00:54:42,109 --> 00:54:40,619

we're on the same wavelength we're on

1283

00:54:44,990 --> 00:54:42,119

the same wavelength it's just I wasn't

1284

00:54:47,270 --> 00:54:45,000

complete with my thought first off

1285

00:54:49,190 --> 00:54:47,280

because I'm a physician and as a

1286

00:54:52,490 --> 00:54:49,200

physician the way I was trained in the

1287

00:54:56,270 --> 00:54:52,500

way that my mind works is I want to make

1288

00:54:58,190 --> 00:54:56,280

an accurate diagnosis now diagnosis

1289

00:55:00,470 --> 00:54:58,200

seems to you know people all you're

1290

00:55:02,750 --> 00:55:00,480

saying it's a disease okay let's call it

1291

00:55:06,109 --> 00:55:02,760

an accurate label I want it correctly

1292

00:55:09,230 --> 00:55:06,119

and accurately label and Define what it

1293

00:55:11,089 --> 00:55:09,240

is that we're looking at here and you

1294

00:55:12,950 --> 00:55:11,099

know that that's part of why I did all

1295

00:55:15,549 --> 00:55:12,960

my work with spiritually transformative

1296

00:55:18,230 --> 00:55:15,559

experience this is giving people

1297

00:55:20,569 --> 00:55:18,240

definitions okay this is a mystical

1298

00:55:23,030 --> 00:55:20,579

experience there are many sub types of

1299

00:55:25,970 --> 00:55:23,040

mystical experiences mystical

1300

00:55:28,130 --> 00:55:25,980

experiences can happen to you when

1301
00:55:30,230 --> 00:55:28,140
you're sitting and meditating mystical

1302
00:55:32,390 --> 00:55:30,240
experiences can happen you when you're

1303
00:55:34,130 --> 00:55:32,400
looking at a sunset mystical experiences

1304
00:55:36,170 --> 00:55:34,140
can happen to you just out of the blue

1305
00:55:38,329 --> 00:55:36,180
some people although it's a very rare

1306
00:55:41,210 --> 00:55:38,339
habit when they're doing hallucinogenic

1307
00:55:43,670 --> 00:55:41,220
drugs revision quests some people have

1308
00:55:45,109 --> 00:55:43,680
mystical experiences when they're near

1309
00:55:49,010 --> 00:55:45,119
death

1310
00:55:50,930 --> 00:55:49,020
so that is one type of mystical

1311
00:55:53,150 --> 00:55:50,940
experience is the type that you have

1312
00:55:55,490 --> 00:55:53,160
when you're near death similarly

1313
00:55:57,109 --> 00:55:55,500

starting from the other end there are

1314

00:55:58,910 --> 00:55:57,119

different types of near-death

1315

00:56:01,430 --> 00:55:58,920

experiences they are not all the same

1316

00:56:03,230 --> 00:56:01,440

and they don't have the same After

1317

00:56:05,990 --> 00:56:03,240

Effects and I think we're at a point

1318

00:56:08,150 --> 00:56:06,000

where it is important to distinguish

1319

00:56:12,470 --> 00:56:08,160

because they have different after

1320

00:56:14,870 --> 00:56:12,480

effects and if one type is the mystical

1321

00:56:16,490 --> 00:56:14,880

near-death experience and if you compare

1322

00:56:18,470 --> 00:56:16,500

the after effects that's the ones where

1323

00:56:20,150 --> 00:56:18,480

the white light and they they see beings

1324

00:56:23,210 --> 00:56:20,160

of light they may or may not have a Life

1325

00:56:26,270 --> 00:56:23,220

review these are the people who are

1326
00:56:28,069 --> 00:56:26,280
really spiritually transformed and they

1327
00:56:30,829 --> 00:56:28,079
start proselytizing like crazy

1328
00:56:34,670 --> 00:56:30,839
afterwards but you will find many of

1329
00:56:36,230 --> 00:56:34,680
them do mystical experiences also of

1330
00:56:37,609 --> 00:56:36,240
other kites that might happen when

1331
00:56:39,470 --> 00:56:37,619
you're meditating might happen when

1332
00:56:42,770 --> 00:56:39,480
you're watching the sunset those

1333
00:56:44,809 --> 00:56:42,780
mystical experiences also profile we

1334
00:56:47,089 --> 00:56:44,819
transform people

1335
00:56:49,910 --> 00:56:47,099
now there's a second completely

1336
00:56:53,210 --> 00:56:49,920
different type of Ste but it's related

1337
00:56:54,890 --> 00:56:53,220
and in yoga because I found in my

1338
00:56:56,870 --> 00:56:54,900

research I looked at a lot of different

1339

00:56:59,030 --> 00:56:56,880

models psychological models different

1340

00:57:01,790 --> 00:56:59,040

sacred traditions for me I found the

1341

00:57:04,190 --> 00:57:01,800

best vocabulary and model that fit for

1342

00:57:06,410 --> 00:57:04,200

me was in yoga so I use a lot of words

1343

00:57:08,630 --> 00:57:06,420

from yoga so in yoga it's called the

1344

00:57:10,430 --> 00:57:08,640

samadhi a mystical experience this is a

1345

00:57:12,170 --> 00:57:10,440

samadhi and there are many types of

1346

00:57:14,450 --> 00:57:12,180

samadhi and the yogic and Buddha

1347

00:57:17,210 --> 00:57:14,460

Traditions talks about it many types but

1348

00:57:20,589 --> 00:57:17,220

these are called samades now there's an

1349

00:57:23,690 --> 00:57:20,599

another uh uh

1350

00:57:26,930 --> 00:57:23,700

capacity of our human consciousness to

1351

00:57:30,470 --> 00:57:26,940

have more expanded experiences that is

1352

00:57:33,349 --> 00:57:30,480

described in yoga as cities or psychic

1353

00:57:35,750 --> 00:57:33,359

phenomenon and there are many types of

1354

00:57:37,549 --> 00:57:35,760

cities or psychic phenomena yoga sutras

1355

00:57:39,650 --> 00:57:37,559

epitogly as a whole chapter talking

1356

00:57:43,490 --> 00:57:39,660

about all the different types of

1357

00:57:47,210 --> 00:57:43,500

mental phenomenon but in today's day and

1358

00:57:49,849 --> 00:57:47,220

age in 2023 there are vocabularies in

1359

00:57:53,390 --> 00:57:49,859

English for these experiences so one

1360

00:57:55,430 --> 00:57:53,400

term isn't out of body experience that

1361

00:57:57,829 --> 00:57:55,440

is one type of City it is one type of

1362

00:57:59,930 --> 00:57:57,839

psychic experience and sometimes people

1363

00:58:01,370 --> 00:57:59,940

will have out of body experiences when

1364

00:58:02,630 --> 00:58:01,380

they're meditating sometimes they'll

1365

00:58:04,730 --> 00:58:02,640

have them at night when they're dreaming

1366

00:58:06,829 --> 00:58:04,740

sometimes they'll have them when they're

1367

00:58:08,569 --> 00:58:06,839

close to death and when they happen to

1368

00:58:10,849 --> 00:58:08,579

have an out-of-body experience when

1369

00:58:12,890 --> 00:58:10,859

they're close to death that is also

1370

00:58:15,109 --> 00:58:12,900

called an near-death experience so

1371

00:58:17,510 --> 00:58:15,119

nowadays people are calling a near-death

1372

00:58:20,390 --> 00:58:17,520

experience people have had a mystical

1373

00:58:22,309 --> 00:58:20,400

experience or an out-of-body experience

1374

00:58:25,250 --> 00:58:22,319

which are two very different experiences

1375

00:58:28,130 --> 00:58:25,260

when they're close to death now so often

1376

00:58:30,290 --> 00:58:28,140

people will have both and in yoga this

1377

00:58:32,329 --> 00:58:30,300

is understood by the chakras oh I do

1378

00:58:35,930 --> 00:58:32,339

have to say yada yada okay so I

1379

00:58:38,450 --> 00:58:35,940

interview Ray Hernandez who is part of I

1380

00:58:42,849 --> 00:58:38,460

know well you know Ray okay I know him

1381

00:58:48,170 --> 00:58:46,250

right so and that's uh uh this whole

1382

00:58:51,470 --> 00:58:48,180

group over there and they're connected

1383

00:58:53,630 --> 00:58:51,480

to your Mitchell Mitchell yeah who's

1384

00:58:56,530 --> 00:58:53,640

recently passed away but Ray's story

1385

00:59:00,289 --> 00:58:56,540

maybe you remember this is

1386

00:59:02,450 --> 00:59:00,299

Rey is in bed with his wife and well

1387

00:59:04,670 --> 00:59:02,460

he's in bed but his wife isn't there and

1388

00:59:08,030 --> 00:59:04,680

he sees this bright light downstairs he

1389

00:59:09,589 --> 00:59:08,040

goes to walk down the stairs and his

1390

00:59:12,829 --> 00:59:09,599

little dog who they were getting ready

1391

00:59:15,530 --> 00:59:12,839

to put down the next day very ill and

1392

00:59:17,750 --> 00:59:15,540

the dog couldn't move was so the dog is

1393

00:59:20,809 --> 00:59:17,760

running around what's going on there and

1394

00:59:23,030 --> 00:59:20,819

his wife is going the angel the angel in

1395

00:59:25,010 --> 00:59:23,040

the corner and there's an E.T in the

1396

00:59:27,950 --> 00:59:25,020

corner who's showing shining this light

1397

00:59:31,549 --> 00:59:27,960

and has healed the dog and she verifies

1398

00:59:33,170 --> 00:59:31,559

that Rey has a telepathic message in his

1399

00:59:35,210 --> 00:59:33,180

head which is a screen memory which is

1400

00:59:38,089 --> 00:59:35,220

very interesting and is not sounding

1401
00:59:39,710 --> 00:59:38,099
like other God you know good spirit kind

1402
00:59:41,930 --> 00:59:39,720
of thing is like there's nothing going

1403
00:59:44,510 --> 00:59:41,940
on here go back upstairs and go to bed

1404
00:59:47,630 --> 00:59:44,520
this is not a love caring this is more

1405
00:59:49,910 --> 00:59:47,640
of a manipulation kind of thing so he

1406
00:59:53,690 --> 00:59:49,920
goes back upstairs and goes to bed he

1407
00:59:55,789 --> 00:59:53,700
has now had ongoing contact with

1408
00:59:58,010 --> 00:59:55,799
witnessed by other people witnessed by

1409
01:00:01,250 --> 00:59:58,020
his neighbors Witness by this his wife

1410
01:00:02,410 --> 01:00:01,260
who is Catholic still understands this

1411
01:00:06,770 --> 01:00:02,420
as us

1412
01:00:09,109 --> 01:00:06,780
yeah but the elements of this are

1413
01:00:11,930 --> 01:00:09,119

healing like you're kind of healing

1414

01:00:15,970 --> 01:00:11,940

there's tons of reports of miraculous

1415

01:00:19,670 --> 01:00:15,980

healing as part of these nde accounts

1416

01:00:22,670 --> 01:00:19,680

abduction accounts also have with them a

1417

01:00:25,370 --> 01:00:22,680

lot of stuff that we would call evil

1418

01:00:27,349 --> 01:00:25,380

there's a sexual contact that is and

1419

01:00:29,270 --> 01:00:27,359

traumatic and traumatic to the

1420

01:00:31,490 --> 01:00:29,280

experience or yeah absolutely this is

1421

01:00:32,870 --> 01:00:31,500

what I'm getting to is that I don't want

1422

01:00:35,270 --> 01:00:32,880

to hear about the different kinds of

1423

01:00:38,569 --> 01:00:35,280

near-death experiences what I want to

1424

01:00:40,250 --> 01:00:38,579

know is what is going on in these

1425

01:00:42,770 --> 01:00:40,260

extended Realms how are we supposed to

1426

01:00:44,930 --> 01:00:42,780

understand them and how are we supposed

1427

01:00:46,789 --> 01:00:44,940

to understand the information that's

1428

01:00:48,230 --> 01:00:46,799

coming back from these extended Realms

1429

01:00:50,270 --> 01:00:48,240

because one of the problems I have with

1430

01:00:52,309 --> 01:00:50,280

what you're saying is you're starting to

1431

01:00:54,770 --> 01:00:52,319

Divine stuff that we have we don't even

1432

01:00:57,109 --> 01:00:54,780

understand that we haven't even begun to

1433

01:00:58,370 --> 01:00:57,119

understand what it is and now we're

1434

01:01:00,109 --> 01:00:58,380

going to Define it we're going to

1435

01:01:02,809 --> 01:01:00,119

categorize it we're going to say you saw

1436

01:01:05,870 --> 01:01:02,819

this and you saw this so you had an Obe

1437

01:01:07,609 --> 01:01:05,880

and here are the guys from MKUUltra who

1438

01:01:09,470 --> 01:01:07,619

they're remote viewing and that's

1439

01:01:11,390 --> 01:01:09,480

different than being psychic and that's

1440

01:01:12,829 --> 01:01:11,400

different than the akashic records and

1441

01:01:14,990 --> 01:01:12,839

that's how do we know that's different

1442

01:01:17,390 --> 01:01:15,000

just because we label remote viewing is

1443

01:01:18,890 --> 01:01:17,400

different than Obe then we make a

1444

01:01:22,190 --> 01:01:18,900

difference well this is part of the

1445

01:01:24,710 --> 01:01:22,200

problem and so that was why I'm offering

1446

01:01:26,210 --> 01:01:24,720

a vocabulary as a starting point I'm not

1447

01:01:29,210 --> 01:01:26,220

saying it's the be-all and the end-all

1448

01:01:31,670 --> 01:01:29,220

it's just as I started as a young doctor

1449

01:01:33,829 --> 01:01:31,680

because I started having as you

1450

01:01:36,650 --> 01:01:33,839

mentioned my first ndes starting one

1451

01:01:37,970 --> 01:01:36,660

when I was five one when I was 11. you

1452

01:01:40,069 --> 01:01:37,980

know I started having out of body

1453

01:01:41,870 --> 01:01:40,079

experiences I started seeing spirits and

1454

01:01:43,490 --> 01:01:41,880

ghosts when I was a child after my

1455

01:01:45,410 --> 01:01:43,500

near-death experience which we now know

1456

01:01:47,329 --> 01:01:45,420

is a common after effect and then my

1457

01:01:49,910 --> 01:01:47,339

Kundalini Awakening mystical experience

1458

01:01:52,250 --> 01:01:49,920

near-death experience I now have words

1459

01:01:54,530 --> 01:01:52,260

that I can use

1460

01:01:57,289 --> 01:01:54,540

to describe these and you at least have

1461

01:01:59,450 --> 01:01:57,299

an idea even if we don't know what it is

1462

01:02:01,930 --> 01:01:59,460

or what causes it or we can argue how we

1463

01:02:04,549 --> 01:02:01,940

interpret it at least we now have a

1464

01:02:07,130 --> 01:02:04,559

vocabulary that we can communicate about

1465

01:02:08,930 --> 01:02:07,140

it and that was what I've been trying to

1466

01:02:11,089 --> 01:02:08,940

do with my work with Touched By the

1467

01:02:14,750 --> 01:02:11,099

Light and in Soul lessons by the Light

1468

01:02:18,109 --> 01:02:14,760

yes I use the best words I can to

1469

01:02:19,549 --> 01:02:18,119

describe what I actually experienced but

1470

01:02:23,630 --> 01:02:19,559

you know the thing about these

1471

01:02:28,789 --> 01:02:23,640

experiences is that no matter how hard

1472

01:02:30,950 --> 01:02:28,799

we try Alex you can't fully describe an

1473

01:02:32,750 --> 01:02:30,960

experience with words you have to

1474

01:02:34,430 --> 01:02:32,760

experience it like what does an orange

1475

01:02:35,930 --> 01:02:34,440

taste like right what we're talking

1476

01:02:38,630 --> 01:02:35,940

about is trying to understand the best

1477

01:02:41,870 --> 01:02:38,640

we can because look I can read back what

1478

01:02:43,609 --> 01:02:41,880

you wrote what you told us and start

1479

01:02:44,690 --> 01:02:43,619

pulling it apart I mean even when we say

1480

01:02:48,829 --> 01:02:44,700

the other side

1481

01:02:50,750 --> 01:02:48,839

mean we use these terms when I talk to

1482

01:02:53,210 --> 01:02:50,760

Vince yeah when I talked to Vinnie

1483

01:02:55,190 --> 01:02:53,220

yesterday and I didn't have a chance to

1484

01:02:56,450 --> 01:02:55,200

push him on this one because there are

1485

01:03:00,109 --> 01:02:56,460

too many other things but he's like

1486

01:03:03,349 --> 01:03:00,119

heaven is a planet it's a physical place

1487

01:03:08,270 --> 01:03:03,359

it's a planet only the light reflects in

1488

01:03:10,930 --> 01:03:08,280

okay I'm like dude I I do not think that

1489

01:03:14,030 --> 01:03:10,940

really makes sense from a scientific

1490

01:03:16,370 --> 01:03:14,040

astrophysics I'm not totally dissing it

1491

01:03:18,770 --> 01:03:16,380

so then I talked to Ian McCormick and he

1492

01:03:21,349 --> 01:03:18,780

says I had a near-death experience I met

1493

01:03:24,650 --> 01:03:21,359

Jesus I go okay so you had to encounter

1494

01:03:26,809 --> 01:03:24,660

with Christ Consciousness no bro I met

1495

01:03:29,270 --> 01:03:26,819

Jesus and as a matter of fact if you

1496

01:03:30,910 --> 01:03:29,280

didn't meet Jesus in your nde then it's

1497

01:03:34,010 --> 01:03:30,920

probably satanic because I'm Christian

1498

01:03:36,289 --> 01:03:34,020

so all this stuff is how people

1499

01:03:38,210 --> 01:03:36,299

interpret it yeah well that's not

1500

01:03:41,089 --> 01:03:38,220

necessarily how they interpret it that's

1501

01:03:42,589 --> 01:03:41,099

that's my point is like to say that

1502

01:03:44,569 --> 01:03:42,599

that's how they interpret it is to

1503

01:03:46,190 --> 01:03:44,579

suggest that you understand it and they

1504

01:03:48,470 --> 01:03:46,200

don't I'm not saying that I understand

1505

01:03:51,950 --> 01:03:48,480

it and they don't but what I'm saying is

1506

01:03:53,990 --> 01:03:51,960

based on my 40 Years of research is that

1507

01:03:56,089 --> 01:03:54,000

I I share a story in my book there's

1508

01:03:58,190 --> 01:03:56,099

it's an Indian fable about a whole bunch

1509

01:03:59,870 --> 01:03:58,200

of blind kids watch washing an elephant

1510

01:04:01,730 --> 01:03:59,880

and they're each washing a different

1511

01:04:03,470 --> 01:04:01,740

part like one's washing a leg one's

1512

01:04:05,750 --> 01:04:03,480

washing a trunk one's washing a tail

1513

01:04:07,309 --> 01:04:05,760

one's washing the belly and so when they

1514

01:04:09,950 --> 01:04:07,319

their teacher says you know what does an

1515

01:04:11,870 --> 01:04:09,960

elephant look like they're all giving a

1516

01:04:14,870 --> 01:04:11,880

different description because the part

1517

01:04:16,490 --> 01:04:14,880

that they saw they're accurately to the

1518

01:04:18,650 --> 01:04:16,500

best of their ability

1519

01:04:21,530 --> 01:04:18,660

um describing and and this is what I've

1520

01:04:24,109 --> 01:04:21,540

come to understand about the not only

1521

01:04:25,910 --> 01:04:24,119

near-death experiences but the whole

1522

01:04:29,089 --> 01:04:25,920

range is spiritually transformative

1523

01:04:31,190 --> 01:04:29,099

experiences and and Ray Hernandez is I

1524

01:04:35,150 --> 01:04:31,200

call those trans-dimensional experiences

1525

01:04:36,589 --> 01:04:35,160

and um anyway and I include that as a

1526

01:04:40,130 --> 01:04:36,599

type of spiritually transformative

1527

01:04:43,910 --> 01:04:40,140

experience just to have a vocabulary

1528

01:04:46,630 --> 01:04:43,920

um so but there that the reality of the

1529

01:04:49,849 --> 01:04:46,640

the the the the the

1530

01:04:54,230 --> 01:04:49,859

multi-dimensional Consciousness Universe

1531

01:04:58,250 --> 01:04:54,240

living uh ecosystem infinite Lee broad

1532

01:05:00,410 --> 01:04:58,260

that we're living in is so vast that it

1533

01:05:02,210 --> 01:05:00,420

is it's like an ant trying to figure out

1534

01:05:04,250 --> 01:05:02,220

you know Einstein's theory of relativity

1535

01:05:07,370 --> 01:05:04,260

that's what I've come to understand we

1536

01:05:09,770 --> 01:05:07,380

actually aren't capable of understanding

1537

01:05:11,930 --> 01:05:09,780

the whole picture but what that's what

1538

01:05:15,770 --> 01:05:11,940

we're trying to do but but you know but

1539

01:05:17,510 --> 01:05:15,780

what we can do is share what we have

1540

01:05:19,309 --> 01:05:17,520

observed and that's what I'm doing this

1541

01:05:21,650 --> 01:05:19,319

is what I've learned this is what the

1542

01:05:25,490 --> 01:05:21,660

thousands of people I've spoken to you

1543

01:05:27,230 --> 01:05:25,500

know and my I'll say this that that I'm

1544

01:05:28,970 --> 01:05:27,240

glad that you pointed this out because I

1545

01:05:29,750 --> 01:05:28,980

think this is very important in this

1546

01:05:33,410 --> 01:05:29,760

field

1547

01:05:37,309 --> 01:05:33,420

we have to always be prepared to be

1548

01:05:40,309 --> 01:05:37,319

flexible with new information and expand

1549

01:05:43,690 --> 01:05:40,319

our understanding right I I think Ray

1550

01:05:46,910 --> 01:05:43,700

Hernandez is a great example because

1551

01:05:48,589 --> 01:05:46,920

uh in my early years of research and

1552

01:05:51,049 --> 01:05:48,599

spiritually transformative experiences

1553

01:05:53,930 --> 01:05:51,059

the people that I encountered who had

1554

01:05:56,210 --> 01:05:53,940

had UFO and T encounters who came to me

1555

01:05:57,349 --> 01:05:56,220

as a patient or matinee at conferences

1556

01:06:01,010 --> 01:05:57,359

or whatever

1557

01:06:02,390 --> 01:06:01,020

all reported it being very traumatic you

1558

01:06:04,490 --> 01:06:02,400

know that it felt like an abduction

1559

01:06:06,710 --> 01:06:04,500

experience they wish it had never

1560

01:06:08,930 --> 01:06:06,720

happened it was very traumatic in their

1561

01:06:10,730 --> 01:06:08,940

life uh there didn't seem to be anything

1562

01:06:13,430 --> 01:06:10,740

uplifting

1563

01:06:15,470 --> 01:06:13,440

Are Spiritual about it at all it was

1564

01:06:17,329 --> 01:06:15,480

like being raped you know that it was

1565

01:06:19,370 --> 01:06:17,339

like it felt like some of them were

1566

01:06:22,789 --> 01:06:19,380

raped yeah and some of them were raped

1567

01:06:24,890 --> 01:06:22,799

and and so this is a real phenomenon and

1568

01:06:27,170 --> 01:06:24,900

this is what I mean about not calling

1569

01:06:29,329 --> 01:06:27,180

everything the same thing and not

1570

01:06:32,170 --> 01:06:29,339

everybody has the same experience okay

1571

01:06:37,069 --> 01:06:32,180

hold on hold on who healed the dog

1572

01:06:40,690 --> 01:06:37,079

no that's right we don't we don't know

1573

01:06:44,930 --> 01:06:40,700

if we don't know then why are we saying

1574

01:06:47,450 --> 01:06:44,940

God uh God did this uh the spirits gave

1575

01:06:49,549 --> 01:06:47,460

me this Choice Yogananda was there and

1576

01:06:52,370 --> 01:06:49,559

he said you got the free will to do this

1577

01:06:55,190 --> 01:06:52,380

or that if we don't know then we don't

1578

01:06:57,170 --> 01:06:55,200

know goes all the way down oh yeah it's

1579

01:07:00,170 --> 01:06:57,180

not an end it's the beginning of the

1580

01:07:01,930 --> 01:07:00,180

discussion it's it's an introduction to

1581

01:07:04,970 --> 01:07:01,940

the fact that we live in a

1582

01:07:08,150 --> 01:07:04,980

multi-dimensional universe and just like

1583

01:07:09,950 --> 01:07:08,160

we you know way way way back when people

1584

01:07:12,230 --> 01:07:09,960

used to think that the Earth was the

1585

01:07:13,970 --> 01:07:12,240

center of the universe and that all the

1586

01:07:15,710 --> 01:07:13,980

plant the sun went around it and that

1587

01:07:18,349 --> 01:07:15,720

there was no life anywhere else or

1588

01:07:20,510 --> 01:07:18,359

whatever and we now realize oh gosh you

1589

01:07:22,970 --> 01:07:20,520

know we're in a solar system and we're

1590

01:07:25,250 --> 01:07:22,980

in a galaxy and guess what there are

1591

01:07:27,890 --> 01:07:25,260

other galaxies that have other Suns and

1592

01:07:30,109 --> 01:07:27,900

other planets and you know and oh gosh

1593

01:07:32,210 --> 01:07:30,119

you know with Star Treks and Star Wars I

1594

01:07:34,789 --> 01:07:32,220

think most people of Our Generation have

1595

01:07:37,010 --> 01:07:34,799

pretty well figured out you know there's

1596

01:07:39,230 --> 01:07:37,020

probably other life out there it's not

1597

01:07:41,569 --> 01:07:39,240

that we're the only life there is but

1598

01:07:43,910 --> 01:07:41,579

even at that we're only talking on our

1599

01:07:46,010 --> 01:07:43,920

physical Dimension what we're now

1600

01:07:47,329 --> 01:07:46,020

learning through

1601

01:07:49,069 --> 01:07:47,339

um increase I'm going to call it

1602

01:07:50,809 --> 01:07:49,079

increased awareness about near-death

1603

01:07:53,210 --> 01:07:50,819

experiences and mystical experiences

1604

01:07:54,589 --> 01:07:53,220

because the the yogis and Buddhist

1605

01:07:56,450 --> 01:07:54,599

addicts they've been talking about this

1606

01:07:59,510 --> 01:07:56,460

for thousands of years that we're living

1607

01:08:01,849 --> 01:07:59,520

in a multi-dimensional universe and that

1608

01:08:04,549 --> 01:08:01,859

we're only perceiving a small fragment

1609

01:08:08,750 --> 01:08:04,559

of of the multi-dimensionality of

1610

01:08:12,349 --> 01:08:08,760

reality and um so so so this is how I've

1611

01:08:13,430 --> 01:08:12,359

come to understand it is that and that

1612

01:08:15,349 --> 01:08:13,440

there are

1613

01:08:17,570 --> 01:08:15,359

you know in the ocean how you have

1614

01:08:19,610 --> 01:08:17,580

different levels that Veer that near the

1615

01:08:21,470 --> 01:08:19,620

top of the ocean the water is the

1616

01:08:23,329 --> 01:08:21,480

sunlight reaches and you go further down

1617

01:08:24,709 --> 01:08:23,339

and the water's heavier and the sunlight

1618

01:08:26,329 --> 01:08:24,719

doesn't reach there and you go even

1619

01:08:28,669 --> 01:08:26,339

further down and the water is even

1620

01:08:31,849 --> 01:08:28,679

heavier and there's less oxygen and no

1621

01:08:34,729 --> 01:08:31,859

light and that you have different

1622

01:08:37,010 --> 01:08:34,739

um animals creatures beans microbes

1623

01:08:40,550 --> 01:08:37,020

whatever living at each of these

1624

01:08:42,829 --> 01:08:40,560

different layers that that um that I

1625

01:08:45,709 --> 01:08:42,839

think that that's a little bit of an

1626
01:08:48,349 --> 01:08:45,719
analogy for understanding uh what people

1627
01:08:50,930 --> 01:08:48,359
experience what you call the other side

1628
01:08:52,849 --> 01:08:50,940
or very Loosely people are calling the

1629
01:08:55,490 --> 01:08:52,859
other side it's not just one place

1630
01:08:57,050 --> 01:08:55,500
there's many dimensions we can go

1631
01:08:58,550 --> 01:08:57,060
they're going into the ocean my God

1632
01:08:59,930 --> 01:08:58,560
there's many oceans you've been

1633
01:09:01,729 --> 01:08:59,940
different heights you can be in

1634
01:09:03,470 --> 01:09:01,739
different places all over the planet

1635
01:09:05,269 --> 01:09:03,480
what you're going to see is different

1636
01:09:07,550 --> 01:09:05,279
depending where you are in this massive

1637
01:09:09,530 --> 01:09:07,560
ocean and Consciousness and the

1638
01:09:11,809 --> 01:09:09,540

multi-dimensional universe is much

1639

01:09:14,930 --> 01:09:11,819

faster than that so there there are

1640

01:09:18,070 --> 01:09:14,940

there I think we're we're we're like uh

1641

01:09:21,530 --> 01:09:18,080

in our School of Life

1642

01:09:23,809 --> 01:09:21,540

where uh human beings are now as a

1643

01:09:26,930 --> 01:09:23,819

species I'm saying collectively as a

1644

01:09:28,970 --> 01:09:26,940

species on this planet that we're in a

1645

01:09:30,890 --> 01:09:28,980

stage in yoga they call them yugas or

1646

01:09:32,570 --> 01:09:30,900

ages so we're in a sort of an upwards

1647

01:09:35,030 --> 01:09:32,580

beginning of an upward yoga according to

1648

01:09:36,950 --> 01:09:35,040

yoga which is a time of Spiritual

1649

01:09:38,510 --> 01:09:36,960

Awakening um you know one of the things

1650

01:09:41,030 --> 01:09:38,520

that I've done in the last couple years

1651
01:09:44,630 --> 01:09:41,040
is I founded a new organization called

1652
01:09:48,169 --> 01:09:44,640
spiritual Awakenings International

1653
01:09:50,150 --> 01:09:48,179
um to raise awareness about the whole

1654
01:09:52,669 --> 01:09:50,160
spectrum of spiritually transformative

1655
01:09:54,950 --> 01:09:52,679
experiences and not to say that we have

1656
01:09:57,709 --> 01:09:54,960
the answer because we don't

1657
01:09:59,150 --> 01:09:57,719
but what it does what we do with

1658
01:10:01,070 --> 01:09:59,160
spiritual weakness International we

1659
01:10:04,070 --> 01:10:01,080
provide a place where people like Ray

1660
01:10:08,150 --> 01:10:04,080
Hernandez or myself or other n to e

1661
01:10:10,189 --> 01:10:08,160
experiencers other Ste experiencers of

1662
01:10:13,070 --> 01:10:10,199
various types can share what they've

1663
01:10:15,290 --> 01:10:13,080

experienced what they've learned and it

1664

01:10:17,090 --> 01:10:15,300

normalizes it for other people because

1665

01:10:19,970 --> 01:10:17,100

whether we like it or not whether we

1666

01:10:21,890 --> 01:10:19,980

understand it or not there are a lot of

1667

01:10:24,649 --> 01:10:21,900

people all over the planet and because

1668

01:10:26,450 --> 01:10:24,659

right now we have people from 78

1669

01:10:28,250 --> 01:10:26,460

countries subscribe to spiritual weight

1670

01:10:29,390 --> 01:10:28,260

News International in just two and a

1671

01:10:32,090 --> 01:10:29,400

half years I mean which is pretty

1672

01:10:34,610 --> 01:10:32,100

phenomenal which to me indicates that

1673

01:10:37,370 --> 01:10:34,620

people all over the world are having

1674

01:10:40,010 --> 01:10:37,380

these Awakenings in Consciousness and

1675

01:10:42,649 --> 01:10:40,020

Gopi Krishna hypothesized again we have

1676
01:10:45,229 --> 01:10:42,659
no proof but Gopi Crystal hypothesized

1677
01:10:48,530 --> 01:10:45,239
he thought this was like the next

1678
01:10:50,090 --> 01:10:48,540
evolutionary stage for human beings so

1679
01:10:53,570 --> 01:10:50,100
that you know the evolution is still

1680
01:10:55,189 --> 01:10:53,580
going on and that um rather than you

1681
01:10:57,470 --> 01:10:55,199
know growing another arm or leg or

1682
01:10:59,510 --> 01:10:57,480
losing an armor I think which over

1683
01:11:00,950 --> 01:10:59,520
thousands of years supposedly these

1684
01:11:02,649 --> 01:11:00,960
sorts of things happen to animals and

1685
01:11:05,810 --> 01:11:02,659
creatures morph with

1686
01:11:07,910 --> 01:11:05,820
Evolution that what's happening on the

1687
01:11:09,410 --> 01:11:07,920
human species is evolution of

1688
01:11:13,310 --> 01:11:09,420

consciousness

1689

01:11:16,130 --> 01:11:13,320

again just look at it from another

1690

01:11:18,350 --> 01:11:16,140

perspective a skeptic is about inquiry

1691

01:11:20,270 --> 01:11:18,360

to perpetuate doubt doubt is the

1692

01:11:22,610 --> 01:11:20,280

ultimate spiritual tool it's the

1693

01:11:25,550 --> 01:11:22,620

ultimate laser that cuts through because

1694

01:11:28,010 --> 01:11:25,560

our hearts are the same Ivan it's about

1695

01:11:31,430 --> 01:11:28,020

God it's about the light it's about the

1696

01:11:34,070 --> 01:11:31,440

Ultimate Reality of love but to get

1697

01:11:36,110 --> 01:11:34,080

there we have to kind of do the cleaning

1698

01:11:38,229 --> 01:11:36,120

work the cleaning work of our soul it's

1699

01:11:41,390 --> 01:11:38,239

the difference between quieting the mind

1700

01:11:43,669 --> 01:11:41,400

and listening to the voice so it's

1701

01:11:45,050 --> 01:11:43,679

listening to the voice and quieting The

1702

01:11:47,330 --> 01:11:45,060

Voice both at the same time they're

1703

01:11:49,729 --> 01:11:47,340

contradictory but that's Yoga Yoga is

1704

01:11:50,570 --> 01:11:49,739

always a contradiction so here's the

1705

01:11:54,350 --> 01:11:50,580

thing

1706

01:11:56,390 --> 01:11:54,360

talk to Mary Rodwell has worked with

1707

01:11:59,689 --> 01:11:56,400

since at this point of people who've had

1708

01:12:01,130 --> 01:11:59,699

these encounters with ET one of the

1709

01:12:05,149 --> 01:12:01,140

things that comes through over and over

1710

01:12:08,209 --> 01:12:05,159

again is ongoing genetic manipulation by

1711

01:12:10,010 --> 01:12:08,219

multiple species multiple beings from

1712

01:12:12,410 --> 01:12:10,020

different places coming down genetic

1713

01:12:16,149 --> 01:12:12,420

manipulation look in the genetic record

1714

01:12:20,630 --> 01:12:16,159

Bruce Fenton has been on who's to say

1715

01:12:23,330 --> 01:12:20,640

how Consciousness God manifests and in

1716

01:12:25,729 --> 01:12:23,340

particular if we look at E.T we seem to

1717

01:12:28,250 --> 01:12:25,739

have evidence that they're kind of

1718

01:12:32,689 --> 01:12:28,260

mixing the human non-human biological

1719

01:12:34,669 --> 01:12:32,699

kind of thing so that is my pushback and

1720

01:12:36,709 --> 01:12:34,679

but that is the challenge if you are

1721

01:12:38,930 --> 01:12:36,719

open to the challenge which I truly

1722

01:12:41,510 --> 01:12:38,940

respect but I'm going to keep nudging

1723

01:12:44,570 --> 01:12:41,520

you when we start saying you know Gopi

1724

01:12:46,610 --> 01:12:44,580

Krishna says this well he's wrong he's

1725

01:12:48,410 --> 01:12:46,620

wrong because of this we prove that I'm

1726

01:12:51,050 --> 01:12:48,420

saying it's his opinion and we can't

1727

01:12:52,790 --> 01:12:51,060

prove it or disprove it but but what I

1728

01:12:55,130 --> 01:12:52,800

can say is this what I can say

1729

01:12:57,350 --> 01:12:55,140

definitely from my personal experience

1730

01:12:58,810 --> 01:12:57,360

and with the experience of spiritual

1731

01:13:02,270 --> 01:12:58,820

Awakenings International

1732

01:13:05,090 --> 01:13:02,280

that people all over the world

1733

01:13:07,430 --> 01:13:05,100

all over the world all countries all

1734

01:13:10,669 --> 01:13:07,440

backgrounds all religions no religion

1735

01:13:12,850 --> 01:13:10,679

male female in between whatever

1736

01:13:15,290 --> 01:13:12,860

are having

1737

01:13:18,110 --> 01:13:15,300

various types of spiritually

1738

01:13:20,810 --> 01:13:18,120

transformative experiences why this is

1739

01:13:24,350 --> 01:13:20,820

happening we do not know but what I can

1740

01:13:27,050 --> 01:13:24,360

say is it's happening and it appears to

1741

01:13:29,570 --> 01:13:27,060

me that it's accelerate now that may not

1742

01:13:32,030 --> 01:13:29,580

be true maybe that maybe that's a

1743

01:13:34,850 --> 01:13:32,040

misperception maybe it's just that we're

1744

01:13:36,530 --> 01:13:34,860

more aware of it now because of the

1745

01:13:38,330 --> 01:13:36,540

internet and that we can you know

1746

01:13:39,649 --> 01:13:38,340

everyone all over the world can get on

1747

01:13:42,110 --> 01:13:39,659

the internet and come to the meetings

1748

01:13:43,850 --> 01:13:42,120

and say guess what I'm in in Africa

1749

01:13:45,530 --> 01:13:43,860

somewhere and this is happening to me

1750

01:13:47,450 --> 01:13:45,540

and someone says well I'm in Japan and

1751

01:13:49,430 --> 01:13:47,460

this is happening to me and someone else

1752

01:13:51,590 --> 01:13:49,440

in South America says well I've had a

1753

01:13:53,810 --> 01:13:51,600

very similar experience

1754

01:13:55,970 --> 01:13:53,820

all I can say is it is happening to

1755

01:13:58,189 --> 01:13:55,980

people all over the world

1756

01:13:59,870 --> 01:13:58,199

um by scientifically because you you

1757

01:14:01,490 --> 01:13:59,880

describe me as a scientist and a doctor

1758

01:14:04,370 --> 01:14:01,500

and all of those things which is true

1759

01:14:06,950 --> 01:14:04,380

and a yogi which is true the most uh

1760

01:14:09,830 --> 01:14:06,960

another very very important descriptor

1761

01:14:13,250 --> 01:14:09,840

that I use for myself is an experiencer

1762

01:14:14,630 --> 01:14:13,260

I know I use that term and

1763

01:14:17,990 --> 01:14:14,640

um

1764

01:14:22,610 --> 01:14:18,000

when I was younger in my medical career

1765

01:14:25,370 --> 01:14:22,620

it was more important to me at that time

1766

01:14:29,090 --> 01:14:25,380

than it is now to

1767

01:14:31,610 --> 01:14:29,100

um scientifically uh corroborate you

1768

01:14:33,890 --> 01:14:31,620

know and and have all the references and

1769

01:14:37,250 --> 01:14:33,900

the research studies Etc

1770

01:14:41,209 --> 01:14:37,260

I'm at a point in my life as a senior

1771

01:14:44,030 --> 01:14:41,219

now and I've had so many experiences

1772

01:14:46,669 --> 01:14:44,040

and as a yogi as a yoga practitioner

1773

01:14:49,970 --> 01:14:46,679

I've been practicing yoga for 45 years

1774

01:14:53,810 --> 01:14:49,980

and meditating now is that the only

1775

01:14:57,530 --> 01:14:53,820

thing I can be absolutely certain of is

1776

01:14:59,810 --> 01:14:57,540

what I personally have experienced yeah

1777

01:15:01,970 --> 01:14:59,820

that's not good enough it's just not

1778

01:15:04,790 --> 01:15:01,980

good enough so when I hear experiencers

1779

01:15:06,709 --> 01:15:04,800

talk about their experience and then say

1780

01:15:09,709 --> 01:15:06,719

that's all I can share is my experience

1781

01:15:12,410 --> 01:15:09,719

tell us how your experience relates to

1782

01:15:14,570 --> 01:15:12,420

everyone else's that's what I've done

1783

01:15:17,510 --> 01:15:14,580

with my books but the point that I'm

1784

01:15:19,970 --> 01:15:17,520

trying to make is that in the end when I

1785

01:15:22,850 --> 01:15:19,980

go to sleep at night just for me

1786

01:15:26,030 --> 01:15:22,860

personally the bottom line is what I've

1787

01:15:28,610 --> 01:15:26,040

learned from all of my experiences and

1788

01:15:30,790 --> 01:15:28,620

all of my research but the one that I

1789

01:15:34,790 --> 01:15:30,800

mean I'm telling you this is

1790

01:15:37,130 --> 01:15:34,800

most powerful is having had the

1791

01:15:40,729 --> 01:15:37,140

experience of being dead of being on the

1792

01:15:44,510 --> 01:15:40,739

other side of being loved and knowing

1793

01:15:46,910 --> 01:15:44,520

that I am love and and you know the

1794

01:15:48,530 --> 01:15:46,920

research is interesting the data is

1795

01:15:51,830 --> 01:15:48,540

interesting and I I get it you're

1796

01:15:54,709 --> 01:15:51,840

pushing it on skeptico but

1797

01:15:57,830 --> 01:15:54,719

to me as an experienter that's sort of

1798

01:15:59,870 --> 01:15:57,840

where where it ends is that I know that

1799

01:16:01,910 --> 01:15:59,880

we are all loved whether we understand

1800

01:16:03,590 --> 01:16:01,920

the divine plan whether we even have it

1801
01:16:06,189 --> 01:16:03,600
to policy and understand the divine plan

1802
01:16:08,810 --> 01:16:06,199
whether our research even has the

1803
01:16:10,490 --> 01:16:08,820
capacity to answer some of these

1804
01:16:14,930 --> 01:16:10,500
questions that you're asking I think

1805
01:16:18,229 --> 01:16:14,940
probably we don't how how you can even

1806
01:16:20,930 --> 01:16:18,239
figure out what questions to ask I think

1807
01:16:23,149 --> 01:16:20,940
you have to really listen to

1808
01:16:26,090 --> 01:16:23,159
experiencers or be an experiencer

1809
01:16:28,550 --> 01:16:26,100
yourself to even know what questions to

1810
01:16:30,649 --> 01:16:28,560
ask when you're doing your research the

1811
01:16:34,610 --> 01:16:30,659
other problem with the experiencer thing

1812
01:16:38,090 --> 01:16:34,620
is that it blows past the obvious fact

1813
01:16:40,729 --> 01:16:38,100

that we're all experiencers we are to

1814

01:16:43,010 --> 01:16:40,739

some degree we all have the voice inside

1815

01:16:45,709 --> 01:16:43,020

our head I have the voice inside my head

1816

01:16:47,750 --> 01:16:45,719

I have instant answers to questions when

1817

01:16:50,270 --> 01:16:47,760

I can really quiet the mind so I don't

1818

01:16:53,090 --> 01:16:50,280

know how that is different but everybody

1819

01:16:54,709 --> 01:16:53,100

does everybody does so I don't know how

1820

01:16:57,590 --> 01:16:54,719

that is different than your experience

1821

01:17:00,110 --> 01:16:57,600

but I want to know but that's part of

1822

01:17:04,070 --> 01:17:00,120

the process so when the experiencer says

1823

01:17:07,310 --> 01:17:04,080

this is my experience it's like bring

1824

01:17:09,050 --> 01:17:07,320

forth your experience as it relates to

1825

01:17:10,669 --> 01:17:09,060

other experiences here's here's an

1826

01:17:12,229 --> 01:17:10,679

example I'll go with the Jesus thing

1827

01:17:13,970 --> 01:17:12,239

because I love the Jesus thing because

1828

01:17:17,330 --> 01:17:13,980

you let Christians off the hook way too

1829

01:17:19,790 --> 01:17:17,340

much so Jesus versus historical Jesus

1830

01:17:21,830 --> 01:17:19,800

versus Christ Consciousness and then the

1831

01:17:23,689 --> 01:17:21,840

follow-on questioned is well why did

1832

01:17:25,430 --> 01:17:23,699

those uh why did those Catholics rape

1833

01:17:27,410 --> 01:17:25,440

all those little kids and why do we let

1834

01:17:29,209 --> 01:17:27,420

them off the hook why do we why do we

1835

01:17:32,209 --> 01:17:29,219

still have such a thing as a Catholic

1836

01:17:34,930 --> 01:17:32,219

Church well there's evil and it doesn't

1837

01:17:37,910 --> 01:17:34,940

it doesn't connect to this thing we call

1838

01:17:41,209 --> 01:17:37,920

Christianity this institution we have a

1839

01:17:42,649 --> 01:17:41,219

historical Jesus really do are we to

1840

01:17:44,570 --> 01:17:42,659

believe that we have the historical

1841

01:17:46,550 --> 01:17:44,580

Jesus do we have to prove that does it

1842

01:17:49,189 --> 01:17:46,560

matter does it should it matter to you

1843

01:17:52,070 --> 01:17:49,199

as a Christian these are re so these are

1844

01:17:54,890 --> 01:17:52,080

questions so you're an experimenter great

1845

01:17:57,169 --> 01:17:54,900

answer those questions Jesus historical

1846

01:17:59,390 --> 01:17:57,179

Jesus Christ Consciousness let's let's

1847

01:18:02,990 --> 01:17:59,400

get on those Christians let's not be

1848

01:18:05,209 --> 01:18:03,000

let's not be accepting of and loving of

1849

01:18:07,130 --> 01:18:05,219

everyone's religious tradition because

1850

01:18:08,510 --> 01:18:07,140

it's a mixed bag some of it's good some

1851

01:18:11,209 --> 01:18:08,520

of it's bad

1852

01:18:12,490 --> 01:18:11,219

was there historical Jesus I believe

1853

01:18:16,990 --> 01:18:12,500

there was

1854

01:18:23,149 --> 01:18:20,930

misunderstood and misinterpreted yes is

1855

01:18:25,729 --> 01:18:23,159

there a mixture of good and Corruption

1856

01:18:27,950 --> 01:18:25,739

within pretty well every organized

1857

01:18:31,189 --> 01:18:27,960

religion in the world I've got all that

1858

01:18:34,310 --> 01:18:31,199

but on historical Jesus thing what

1859

01:18:37,070 --> 01:18:34,320

evidence convinces you that the

1860

01:18:40,130 --> 01:18:37,080

historical Jesus narrative that is in

1861

01:18:42,709 --> 01:18:40,140

the Bible is anywhere close to Accurate

1862

01:18:44,570 --> 01:18:42,719

well I'm not saying it was accurate but

1863

01:18:46,910 --> 01:18:44,580

I'm saying that a historical Jesus

1864

01:18:49,490 --> 01:18:46,920
existed and and you won't like my answer

1865

01:18:51,169 --> 01:18:49,500
but I'll tell you the truth and I

1866

01:18:54,250 --> 01:18:51,179
mention it in my book maybe you didn't

1867

01:18:57,950 --> 01:18:54,260
get to that chapter it was the direct

1868

01:19:00,770 --> 01:18:57,960
first-hand experience that I had when I

1869

01:19:03,410 --> 01:19:00,780
traveled to Israel in 2000.

1870

01:19:06,410 --> 01:19:03,420
I I had you know I was raised a

1871

01:19:08,630 --> 01:19:06,420
Christian I was taught you know I was

1872

01:19:11,330 --> 01:19:08,640
told all the stories Etc I didn't know

1873

01:19:13,430 --> 01:19:11,340
if it was true or not what I did know to

1874

01:19:15,890 --> 01:19:13,440
be true is what I experienced on the

1875

01:19:18,110 --> 01:19:15,900
other side that the higher power as I

1876

01:19:20,510 --> 01:19:18,120

experienced it was not anything like

1877

01:19:22,189 --> 01:19:20,520

what I'd been taught in my church that

1878

01:19:24,350 --> 01:19:22,199

the higher power was light was not an

1879

01:19:26,630 --> 01:19:24,360

old man with a Long White Beard judging

1880

01:19:29,450 --> 01:19:26,640

me are you goody bad so you know that

1881

01:19:30,890 --> 01:19:29,460

was at an early age that was I was 26

1882

01:19:32,689 --> 01:19:30,900

when that happened so that's still

1883

01:19:34,669 --> 01:19:32,699

pretty young it's like okay you know

1884

01:19:37,370 --> 01:19:34,679

what I'd been taught about God or the

1885

01:19:40,310 --> 01:19:37,380

higher power I'm experiencing something

1886

01:19:43,610 --> 01:19:40,320

completely different so you know I was

1887

01:19:45,530 --> 01:19:43,620

open to that you know maybe who knows

1888

01:19:48,830 --> 01:19:45,540

who knows what's real about historical

1889

01:19:51,229 --> 01:19:48,840

Jesus but the message of love I thought

1890

01:19:53,990 --> 01:19:51,239

was banging on the message of love one

1891

01:19:56,810 --> 01:19:54,000

another and forgive forgive

1892

01:19:58,610 --> 01:19:56,820

7 times 77 or whatever the number is

1893

01:20:00,770 --> 01:19:58,620

like that in my heart absolutely

1894

01:20:02,930 --> 01:20:00,780

resonated as truth and with what I

1895

01:20:05,570 --> 01:20:02,940

experienced of the higher Powers love on

1896

01:20:07,910 --> 01:20:05,580

the other side when I traveled to to

1897

01:20:10,370 --> 01:20:07,920

Israel in 2000 I was actually on a

1898

01:20:12,770 --> 01:20:10,380

medical conference on a on a cruise ship

1899

01:20:15,890 --> 01:20:12,780

Mediterranean and we had ports of call

1900

01:20:17,570 --> 01:20:15,900

in Israel and in Egypt and

1901

01:20:20,149 --> 01:20:17,580

um you know I thought okay I'll go to

1902

01:20:23,090 --> 01:20:20,159

some of these historical sites I really

1903

01:20:25,370 --> 01:20:23,100

was not I wasn't even sure if they were

1904

01:20:27,470 --> 01:20:25,380

accurately located like the cruise

1905

01:20:29,689 --> 01:20:27,480

director said you know they may or may

1906

01:20:32,689 --> 01:20:29,699

not be historically accurate this is

1907

01:20:34,490 --> 01:20:32,699

supposedly where Jesus for example did

1908

01:20:36,470 --> 01:20:34,500

The Sermon on the Mount some people

1909

01:20:38,810 --> 01:20:36,480

think it is some people think it isn't

1910

01:20:40,189 --> 01:20:38,820

so okay I went there to to go to this

1911

01:20:49,130 --> 01:20:40,199

particular site

1912

01:20:51,649 --> 01:20:49,140

I had a most profound intense

1913

01:20:54,050 --> 01:20:51,659

spiritual experience a type of mystical

1914

01:20:55,669 --> 01:20:54,060

experience it was like I just

1915

01:20:58,550 --> 01:20:55,679

felt

1916

01:21:01,010 --> 01:20:58,560

um like like this Force

1917

01:21:04,189 --> 01:21:01,020

descended upon me but it wasn't just a

1918

01:21:07,250 --> 01:21:04,199

force of love it was like a

1919

01:21:09,290 --> 01:21:07,260

almost like a trial by fire it was like

1920

01:21:12,770 --> 01:21:09,300

I was being purified I was being

1921

01:21:16,070 --> 01:21:12,780

cleansed I was my my heart was being

1922

01:21:17,390 --> 01:21:16,080

opened it was like my own

1923

01:21:20,090 --> 01:21:17,400

um you know people would use the word

1924

01:21:22,669 --> 01:21:20,100

evil but you know whatever Darkness was

1925

01:21:25,370 --> 01:21:22,679

inside of me it was like literally I I

1926

01:21:28,070 --> 01:21:25,380

felt like my heart was opening and I was

1927

01:21:31,850 --> 01:21:28,080

crying and it was it was it it was

1928

01:21:33,470 --> 01:21:31,860

almost a combination of of tears of

1929

01:21:36,709 --> 01:21:33,480

Shame

1930

01:21:39,169 --> 01:21:36,719

and tears of gratitude is that that oh

1931

01:21:40,970 --> 01:21:39,179

my goodness you know the the parts of me

1932

01:21:42,530 --> 01:21:40,980

that had been unloving were the parts of

1933

01:21:45,649 --> 01:21:42,540

me that had been

1934

01:21:47,750 --> 01:21:45,659

um unforgiving were the parts of me that

1935

01:21:50,570 --> 01:21:47,760

that you know I really could have been

1936

01:21:52,790 --> 01:21:50,580

Kinder it was like that was all sort of

1937

01:21:54,709 --> 01:21:52,800

being exposed and cleansed at the same

1938

01:21:59,149 --> 01:21:54,719

time and sort of opening my heart the

1939

01:22:02,990 --> 01:21:59,159

energy of the healing profound found

1940

01:22:07,850 --> 01:22:03,000

energy I was feeling and then

1941

01:22:11,810 --> 01:22:07,860

just a knowing oh my gosh

1942

01:22:14,770 --> 01:22:11,820

this is the correct spot this is this

1943

01:22:18,290 --> 01:22:14,780

healing this love this incredible love

1944

01:22:19,970 --> 01:22:18,300

vibration of Jesus is still on this spot

1945

01:22:23,750 --> 01:22:19,980

and it's like

1946

01:22:26,630 --> 01:22:23,760

yeah he existed and he was here now you

1947

01:22:28,850 --> 01:22:26,640

might say that's all subjective but I'm

1948

01:22:31,750 --> 01:22:28,860

basing it on what I experienced there

1949

01:22:34,610 --> 01:22:31,760

it's like it was a profound

1950

01:22:37,430 --> 01:22:34,620

life-changing heart-opening experience

1951

01:22:39,830 --> 01:22:37,440

that happened spontaneously when I was

1952

01:22:41,750 --> 01:22:39,840

not expecting it and

1953

01:22:44,149 --> 01:22:41,760

um when I went to

1954

01:22:46,729 --> 01:22:44,159

um Jerusalem the next day on the shore

1955

01:22:47,870 --> 01:22:46,739

Excursion and just because we're running

1956

01:22:49,370 --> 01:22:47,880

out of time

1957

01:22:52,010 --> 01:22:49,380

um I'm going to just say it very very

1958

01:22:55,490 --> 01:22:52,020

briefly and I describe it in the book at

1959

01:22:57,950 --> 01:22:55,500

at the Crucifixion site there was a slab

1960

01:23:00,169 --> 01:22:57,960

of rock where they supposedly had lay in

1961

01:23:02,270 --> 01:23:00,179

the body of Jesus historical Jesus after

1962

01:23:04,430 --> 01:23:02,280

he was taken down from the cross and

1963

01:23:06,590 --> 01:23:04,440

again maybe it's the right rock baby

1964

01:23:10,010 --> 01:23:06,600

it's not the right knock who knows but

1965

01:23:11,810 --> 01:23:10,020

I'm very having had multiple ndes and a

1966

01:23:13,610 --> 01:23:11,820

Kundalini way thing I'm very clear

1967

01:23:17,090 --> 01:23:13,620

sentient when I touch things I will

1968

01:23:18,770 --> 01:23:17,100

often get information and so I decided

1969

01:23:21,470 --> 01:23:18,780

to kneel down and to touch this

1970

01:23:24,830 --> 01:23:21,480

particular Rock and

1971

01:23:27,590 --> 01:23:24,840

I immediately went into a profound

1972

01:23:29,570 --> 01:23:27,600

mystical experience I have to tell you I

1973

01:23:32,450 --> 01:23:29,580

go around touching rocks a lot I don't

1974

01:23:34,430 --> 01:23:32,460

pop into physical experiences I go

1975

01:23:36,110 --> 01:23:34,440

sightseeing a lot I don't just pop into

1976

01:23:38,630 --> 01:23:36,120

these profound mystical experiences I

1977

01:23:41,750 --> 01:23:38,640

mean these were life-changing mystical

1978

01:23:44,090 --> 01:23:41,760

experiences at two spots that were that

1979

01:23:48,290 --> 01:23:44,100

were claimed to have been associated

1980

01:23:51,470 --> 01:23:48,300

with historical Jesus so to me now you

1981

01:23:55,370 --> 01:23:51,480

asked me do I think historical Jesus

1982

01:23:57,649 --> 01:23:55,380

actually existed and I say yes based on

1983

01:24:00,410 --> 01:23:57,659

those two experiences that I had in

1984

01:24:02,570 --> 01:24:00,420

Israel were his teachings completely

1985

01:24:04,010 --> 01:24:02,580

probably misinterpreted see that's the

1986

01:24:05,930 --> 01:24:04,020

problem that doesn't really have

1987

01:24:07,010 --> 01:24:05,940

anything to do with the historical I

1988

01:24:09,350 --> 01:24:07,020

mean it could

1989

01:24:11,750 --> 01:24:09,360

it could be complete consistent with the

1990

01:24:13,250 --> 01:24:11,760

historical Jesus and it could not one of

1991

01:24:15,950 --> 01:24:13,260

the interviews I really appreciated a

1992

01:24:19,189 --> 01:24:15,960

long time ago was Jurgen Zeba it was an

1993

01:24:20,990 --> 01:24:19,199

incredible Mystic and he tells a story

1994

01:24:22,610 --> 01:24:21,000

about going to Greece and going to that

1995

01:24:25,790 --> 01:24:22,620

island where the monks were all there

1996

01:24:28,970 --> 01:24:25,800

and the guy lowers the the chandelier

1997

01:24:31,310 --> 01:24:28,980

down and it reveals this icon and I was

1998

01:24:33,290 --> 01:24:31,320

brought up Greek Orthodox and the tears

1999

01:24:35,090 --> 01:24:33,300

are just flowing and he's having this

2000

01:24:36,530 --> 01:24:35,100

christ-consciousness experience you know

2001

01:24:39,350 --> 01:24:36,540

and it's beautiful it comes back the

2002

01:24:41,870 --> 01:24:39,360

next day and then I go but Jurgen you're

2003

01:24:45,950 --> 01:24:41,880

not Christian he goes yeah no I'm still

2004

01:24:47,990 --> 01:24:45,960

not Christian you know God it's totally

2005

01:24:49,610 --> 01:24:48,000

understandable also from a Buddhist

2006

01:24:51,890 --> 01:24:49,620

perspective from a tulpa perspective

2007

01:24:53,990 --> 01:24:51,900

it's like if we put collectively

2008

01:24:55,970 --> 01:24:54,000

billions of people over the years our

2009

01:24:58,610 --> 01:24:55,980

energy into these stories into these

2010

01:25:02,330 --> 01:24:58,620

accounts then it's real on some level

2011

01:25:04,550 --> 01:25:02,340

it's also useful I think to look at the

2012

01:25:07,130 --> 01:25:04,560

Historical accounts look at Josephus

2013

01:25:09,470 --> 01:25:07,140

look at a Pontius Pilate does that story

2014

01:25:10,970 --> 01:25:09,480

really make any sense do the New

2015

01:25:13,010 --> 01:25:10,980

Testament make any sense all the

2016

01:25:14,689 --> 01:25:13,020

contradictions all the rest of it all

2017

01:25:17,350 --> 01:25:14,699

that has to be examined here's the

2018

01:25:21,050 --> 01:25:17,360

points that that I guess I I kind of

2019

01:25:23,149 --> 01:25:21,060

really also kind of work with and help

2020

01:25:25,610 --> 01:25:23,159

it so do you think global warming is an

2021

01:25:29,270 --> 01:25:25,620

imminent threat to to Gaia to Mother

2022

01:25:31,490 --> 01:25:29,280

Earth no okay do you think

2023

01:25:33,950 --> 01:25:31,500

if someone in our culture I'm just

2024

01:25:35,630 --> 01:25:33,960

asking my opinions I'm being honest so

2025

01:25:37,970 --> 01:25:35,640

here's the point oh one more that's

2026

01:25:40,310 --> 01:25:37,980

important more and more relevant to our

2027

01:25:43,729 --> 01:25:40,320

thing if someone said

2028

01:25:46,370 --> 01:25:43,739

our culture is in a spiritual war

2029

01:25:49,970 --> 01:25:46,380

is that something you would relate to or

2030

01:25:55,070 --> 01:25:52,250

that there's always a spiritual war

2031

01:25:57,110 --> 01:25:55,080

going on on many levels there's a

2032

01:25:59,870 --> 01:25:57,120

spiritual work going on within each

2033

01:26:01,910 --> 01:25:59,880

individual every day with every choice

2034

01:26:03,770 --> 01:26:01,920

that we make you know multiple choices

2035

01:26:08,510 --> 01:26:03,780

we have to and it's not black and white

2036

01:26:10,370 --> 01:26:08,520

and I look at it as that it it is how we

2037

01:26:13,010 --> 01:26:10,380

grow and learn and our society

2038

01:26:14,570 --> 01:26:13,020

absolutely we're going through all sorts

2039

01:26:16,729 --> 01:26:14,580

of let's call them I just use a

2040

01:26:20,090 --> 01:26:16,739

different vocabulary you call it a war I

2041

01:26:21,350 --> 01:26:20,100

call it growing pains well who's on the

2042

01:26:23,149 --> 01:26:21,360

other side of that war that's that's

2043

01:26:26,510 --> 01:26:23,159

what really begs the question is is

2044

01:26:29,930 --> 01:26:26,520

there some kind of ignorance a dark

2045

01:26:31,669 --> 01:26:29,940

force a selfishness malevolence yeah you

2046

01:26:33,890 --> 01:26:31,679

know that's the battle between light and

2047

01:26:36,770 --> 01:26:33,900

dark it's it's the way the cosmic design

2048

01:26:39,290 --> 01:26:36,780

works and yeah we have the opportunity

2049

01:26:41,149 --> 01:26:39,300

to make choices every day and yes I'd

2050

01:26:45,470 --> 01:26:41,159

say there's a spiritual battle going on

2051
01:26:48,050 --> 01:26:45,480
but I interviewed pmh pmh at water and

2052
01:26:50,629 --> 01:26:48,060
we had a problem because she kind of

2053
01:26:52,070 --> 01:26:50,639
conflate some IQ numbers and I really

2054
01:26:53,990 --> 01:26:52,080
kind of called her on that but her

2055
01:26:55,550 --> 01:26:54,000
research is really important in some of

2056
01:26:57,890 --> 01:26:55,560
the things that she's doing and she's

2057
01:27:00,610 --> 01:26:57,900
looking at near-death experiences in

2058
01:27:03,530 --> 01:27:00,620
very young individuals yes and children

2059
01:27:05,870 --> 01:27:03,540
and she's in in this latest book that

2060
01:27:07,669 --> 01:27:05,880
she does it's even not even younger than

2061
01:27:09,350 --> 01:27:07,679
children she's going like under two

2062
01:27:11,149 --> 01:27:09,360
years old and she's saying all these

2063
01:27:12,830 --> 01:27:11,159

differences and stuff like that one of

2064

01:27:14,870 --> 01:27:12,840

the stories that she relates in there

2065

01:27:17,209 --> 01:27:14,880

not a story it's her account it's the

2066

01:27:19,790 --> 01:27:17,219

person that she talked to Born Into A

2067

01:27:22,970 --> 01:27:19,800

Satanic ritual abuse cult has multiple

2068

01:27:26,629 --> 01:27:22,980

multiple Auto Body slash near-death

2069

01:27:29,870 --> 01:27:26,639

experiences extremely traumatic in the

2070

01:27:32,510 --> 01:27:29,880

context of abuse yeah right she comes to

2071

01:27:37,729 --> 01:27:32,520

understand these are her words we read

2072

01:27:41,390 --> 01:27:37,739

it from pmh's book that her purpose was

2073

01:27:44,930 --> 01:27:41,400

to light the heart chakra of these

2074

01:27:47,030 --> 01:27:44,940

individuals in her family who had lost

2075

01:27:50,090 --> 01:27:47,040

their way so completely that they didn't

2076

01:27:52,129 --> 01:27:50,100

realize they were connected to God now

2077

01:27:55,910 --> 01:27:52,139

these are terms that you and I can

2078

01:27:58,070 --> 01:27:55,920

relate to and understand as being true

2079

01:28:00,410 --> 01:27:58,080

more or less I do but I don't hold on to

2080

01:28:02,030 --> 01:28:00,420

I hold on to them very Loosely because I

2081

01:28:05,390 --> 01:28:02,040

don't know for sure any of the rest of

2082

01:28:08,149 --> 01:28:05,400

that but this has a ring of this could

2083

01:28:10,729 --> 01:28:08,159

be true and the implications for it in

2084

01:28:13,310 --> 01:28:10,739

terms of that spiritual battle are

2085

01:28:15,910 --> 01:28:13,320

interesting I think the light is a

2086

01:28:19,129 --> 01:28:15,920

billion times stronger than the dark but

2087

01:28:22,370 --> 01:28:19,139

understanding that there is a push

2088

01:28:25,010 --> 01:28:22,380

towards that their souls being lost is

2089

01:28:27,649 --> 01:28:25,020

not an accident it's it's a choice that

2090

01:28:29,510 --> 01:28:27,659

people are making and those choices we

2091

01:28:31,550 --> 01:28:29,520

need to be careful with and need to

2092

01:28:33,770 --> 01:28:31,560

understand better and there's a whole

2093

01:28:37,550 --> 01:28:33,780

bunch of stuff that I'll toss your way

2094

01:28:39,410 --> 01:28:37,560

to try and process is there

2095

01:28:40,370 --> 01:28:39,420

I'm not sure what your question is and

2096

01:28:42,830 --> 01:28:40,380

all that

2097

01:28:45,050 --> 01:28:42,840

well I think you've been pretty quick

2098

01:28:48,110 --> 01:28:45,060

about answering the questions what is

2099

01:28:50,689 --> 01:28:48,120

the nature of this dwar are we to resist

2100

01:28:51,830 --> 01:28:50,699

it how do we resist it there's a million

2101

01:28:53,689 --> 01:28:51,840

questions sir

2102

01:28:54,950 --> 01:28:53,699

sorry we framed the question to me it's

2103

01:28:56,530 --> 01:28:54,960

about what are we to do with the

2104

01:28:59,990 --> 01:28:56,540

darkness why is there the darkness

2105

01:29:01,610 --> 01:29:00,000

exactly super interesting bit of all the

2106

01:29:04,490 --> 01:29:01,620

questions I couldn't even get all the

2107

01:29:07,850 --> 01:29:04,500

questions out on this question

2108

01:29:10,370 --> 01:29:07,860

I've already repeated it twice and I'm

2109

01:29:13,550 --> 01:29:10,380

going to repeat it a third time what is

2110

01:29:16,070 --> 01:29:13,560

that what is that hitting in you about

2111

01:29:18,290 --> 01:29:16,080

this Darkness back to the story of the

2112

01:29:19,970 --> 01:29:18,300

woman who's born into which is

2113

01:29:22,610 --> 01:29:19,980

interesting did she choose to be born

2114

01:29:26,030 --> 01:29:22,620

into her story is that later she

2115

01:29:29,470 --> 01:29:26,040

realizes that this was maybe what she

2116

01:29:32,030 --> 01:29:29,480

was supposed to do is be there to

2117

01:29:34,129 --> 01:29:32,040

ignite the heart chakra of these people

2118

01:29:35,990 --> 01:29:34,139

that had totally lost her way and she

2119

01:29:38,570 --> 01:29:36,000

has no more contact with her family and

2120

01:29:40,430 --> 01:29:38,580

she obviously thinks it's horrible the

2121

01:29:43,010 --> 01:29:40,440

the abuse that they've inflicted on her

2122

01:29:46,010 --> 01:29:43,020

and other people but it raises some very

2123

01:29:49,430 --> 01:29:46,020

big big questions about the extended

2124

01:29:51,890 --> 01:29:49,440

realm the role that we play who's in

2125

01:29:55,070 --> 01:29:51,900

charge what the goal is

2126
01:29:57,830 --> 01:29:55,080
yeah not all love and light well you

2127
01:30:00,169 --> 01:29:57,840
know that's a very complicated question

2128
01:30:02,629 --> 01:30:00,179
and I I don't even pretend to have all

2129
01:30:03,669 --> 01:30:02,639
the answers but what what I what I

2130
01:30:07,550 --> 01:30:03,679
understand

2131
01:30:10,310 --> 01:30:07,560
is that when we from based on my own

2132
01:30:11,450 --> 01:30:10,320
experiences and also spiritual reading

2133
01:30:14,270 --> 01:30:11,460
over the years

2134
01:30:16,250 --> 01:30:14,280
is that but mainly I'm going to say

2135
01:30:17,930 --> 01:30:16,260
based on my own personal experiences

2136
01:30:20,270 --> 01:30:17,940
particularly the last one when I was

2137
01:30:22,010 --> 01:30:20,280
dead and remembered all my past lives

2138
01:30:23,209 --> 01:30:22,020

and then was given the choice whether or

2139

01:30:25,270 --> 01:30:23,219

not to come back

2140

01:30:29,149 --> 01:30:25,280

was is that

2141

01:30:32,629 --> 01:30:29,159

we come back and incarnate for various

2142

01:30:34,310 --> 01:30:32,639

reasons and how I understand it is one

2143

01:30:36,770 --> 01:30:34,320

of the reasons we come back and I've

2144

01:30:39,169 --> 01:30:36,780

explained this quite I think earlier on

2145

01:30:42,350 --> 01:30:39,179

in in our interview today is we come

2146

01:30:44,930 --> 01:30:42,360

back to learn that our particular Souls

2147

01:30:47,930 --> 01:30:44,940

have particular lessons that we can

2148

01:30:50,510 --> 01:30:47,940

learn in this particular situation and

2149

01:30:53,750 --> 01:30:50,520

and that that massive intelligence Mega

2150

01:30:56,870 --> 01:30:53,760

computer which is the higher power has

2151
01:31:00,350 --> 01:30:56,880
the intellectual past present future

2152
01:31:02,270 --> 01:31:00,360
Consciousness capacity to determine hey

2153
01:31:04,729 --> 01:31:02,280
this this would be a good place for your

2154
01:31:06,229 --> 01:31:04,739
soul to Incarnate with these parents in

2155
01:31:08,629 --> 01:31:06,239
this time in history and then like a

2156
01:31:11,870 --> 01:31:08,639
magnet your soul is like drawn to that

2157
01:31:13,850 --> 01:31:11,880
place and you incarnate there I I think

2158
01:31:15,470 --> 01:31:13,860
that's what happens with the majority of

2159
01:31:18,050 --> 01:31:15,480
people but

2160
01:31:20,689 --> 01:31:18,060
I don't think it's that simple there may

2161
01:31:23,450 --> 01:31:20,699
be other reasons why people incarnate

2162
01:31:26,750 --> 01:31:23,460
and another you know because I'm I'm I

2163
01:31:27,770 --> 01:31:26,760

have learned enough to know how little I

2164

01:31:29,990 --> 01:31:27,780

know so

2165

01:31:32,629 --> 01:31:30,000

that there is much more that I do not

2166

01:31:35,209 --> 01:31:32,639

know uh and to always be open that I'm

2167

01:31:37,129 --> 01:31:35,219

only aware of a small portion of of

2168

01:31:38,390 --> 01:31:37,139

whatever it is that is the Ultimate

2169

01:31:40,310 --> 01:31:38,400

Reality

2170

01:31:43,430 --> 01:31:40,320

but another thing that I have learned

2171

01:31:44,270 --> 01:31:43,440

along the way is that and it happened to

2172

01:31:49,850 --> 01:31:44,280

me

2173

01:31:56,209 --> 01:31:49,860

to serve

2174

01:31:58,970 --> 01:31:56,219

let's take Jesus

2175

01:32:01,189 --> 01:31:58,980

that soul that was in Jesus

2176

01:32:04,129 --> 01:32:01,199

I think was a soul

2177

01:32:06,470 --> 01:32:04,139

you know extremely Advanced God realized

2178

01:32:09,470 --> 01:32:06,480

Soul probably and

2179

01:32:11,570 --> 01:32:09,480

he incarnated in the physical body of

2180

01:32:13,250 --> 01:32:11,580

Jesus in my opinion this is my opinion

2181

01:32:16,970 --> 01:32:13,260

you can disagree with me

2182

01:32:20,390 --> 01:32:16,980

in order to serve he was an avatar of

2183

01:32:23,149 --> 01:32:20,400

light and he was there to carry give a

2184

01:32:24,950 --> 01:32:23,159

strong spiritual message to a time that

2185

01:32:26,570 --> 01:32:24,960

was very dark that was very much in need

2186

01:32:28,310 --> 01:32:26,580

of the light the message of love and

2187

01:32:30,050 --> 01:32:28,320

forgiveness and love one another and we

2188

01:32:33,110 --> 01:32:30,060

are all God's children

2189

01:32:35,810 --> 01:32:33,120

so but other people can be sent back to

2190

01:32:38,510 --> 01:32:35,820

serve I'm not I'm not a Jesus it's I'm

2191

01:32:40,910 --> 01:32:38,520

just me but the choice that I was given

2192

01:32:43,189 --> 01:32:40,920

was to serve you know to serve in the

2193

01:32:47,390 --> 01:32:43,199

body of the baby or to serve in the

2194

01:32:50,270 --> 01:32:47,400

injured body and before I died that had

2195

01:32:53,149 --> 01:32:50,280

become very much a part of what made

2196

01:32:55,129 --> 01:32:53,159

life meaningful to me my my sort of

2197

01:32:57,410 --> 01:32:55,139

Mantra or prayer was the Prayer of Saint

2198

01:32:59,209 --> 01:32:57,420

Francis Make Me a Channel of Your Peace

2199

01:33:01,669 --> 01:32:59,219

Make Me a Channel of Your Love I wanted

2200

01:33:03,770 --> 01:33:01,679

to be an instrument of the Divine to

2201

01:33:06,470 --> 01:33:03,780

help others on the planet that that is

2202

01:33:08,750 --> 01:33:06,480

how my near-death experiences and

2203

01:33:10,550 --> 01:33:08,760

mystical experiences changed me they

2204

01:33:12,410 --> 01:33:10,560

changed me from a person

2205

01:33:14,689 --> 01:33:12,420

all right that's my alarm for my next

2206

01:33:18,229 --> 01:33:14,699

meeting they changed me from a person

2207

01:33:22,550 --> 01:33:18,239

who was doing things for me

2208

01:33:24,470 --> 01:33:22,560

to a person who wanted to help others

2209

01:33:26,390 --> 01:33:24,480

that perceived myself as part of the

2210

01:33:29,330 --> 01:33:26,400

global Community wanted to help others

2211

01:33:31,550 --> 01:33:29,340

and so serving others was very important

2212

01:33:35,930 --> 01:33:31,560

to my it to me

2213

01:33:36,890 --> 01:33:35,940

and clearly my coming back has been to

2214

01:33:40,490 --> 01:33:36,900

serve

2215

01:33:42,050 --> 01:33:40,500

you know that that my healing has not

2216

01:33:45,590 --> 01:33:42,060

been for me to go up and take big

2217

01:33:48,770 --> 01:33:45,600

holidays it's to serve uh you know

2218

01:33:51,410 --> 01:33:48,780

writing books till three in the morning

2219

01:33:52,970 --> 01:33:51,420

so that to help other people that's the

2220

01:33:54,470 --> 01:33:52,980

only reason I write the books I mean I'm

2221

01:33:55,790 --> 01:33:54,480

not making money on these books if

2222

01:33:57,070 --> 01:33:55,800

you've ever written books you know you

2223

01:33:59,570 --> 01:33:57,080

don't make money

2224

01:34:02,750 --> 01:33:59,580

and I put a lot of effort out into

2225

01:34:05,629 --> 01:34:02,760

letting people know that we are

2226

01:34:08,450 --> 01:34:05,639

spiritual experiences are real

2227

01:34:10,250 --> 01:34:08,460

they're not just a sign of mental

2228

01:34:11,689 --> 01:34:10,260

illness as they historically have been

2229

01:34:14,629 --> 01:34:11,699

labeled you know over the last few

2230

01:34:16,610 --> 01:34:14,639

hundred years they're also not all work

2231

01:34:18,350 --> 01:34:16,620

of the devil that that some Churches

2232

01:34:20,209 --> 01:34:18,360

might want to put all of spiritual and

2233

01:34:22,610 --> 01:34:20,219

psychic experiences work of the devil

2234

01:34:24,830 --> 01:34:22,620

but there are very real phenomenon that

2235

01:34:27,050 --> 01:34:24,840

are happening to people today they can

2236

01:34:29,450 --> 01:34:27,060

have very challenging After Effects

2237

01:34:32,209 --> 01:34:29,460

that's a whole other discussion but they

2238

01:34:35,030 --> 01:34:32,219

also have very positive After Effects

2239

01:34:37,430 --> 01:34:35,040

and and that's what I want to sort of

2240

01:34:41,689 --> 01:34:37,440

wrap up with is that

2241

01:34:44,030 --> 01:34:41,699

however we interpret them that that most

2242

01:34:46,550 --> 01:34:44,040

people who've had

2243

01:34:48,050 --> 01:34:46,560

near-death experiences and certainly I

2244

01:34:50,750 --> 01:34:48,060

would say all who've had mystical

2245

01:34:52,610 --> 01:34:50,760

near-death experiences and others who've

2246

01:34:55,129 --> 01:34:52,620

had genuine who've had other types of

2247

01:34:57,709 --> 01:34:55,139

mystical experiences there's there's

2248

01:34:59,990 --> 01:34:57,719

like this common theme however we

2249

01:35:02,450 --> 01:35:00,000

understand it however we interpret it

2250

01:35:05,290 --> 01:35:02,460

there appears to be this loving

2251

01:35:09,169 --> 01:35:05,300

intelligent force behind the universe

2252

01:35:11,810 --> 01:35:09,179

and the awareness of that puts a smile

2253

01:35:14,270 --> 01:35:11,820

on my face the smile on my heart

2254

01:35:16,310 --> 01:35:14,280

that you know we're not alone in this

2255

01:35:18,649 --> 01:35:16,320

battle that there is this loving Force

2256

01:35:22,910 --> 01:35:18,659

and and I'm going to end with my last

2257

01:35:25,430 --> 01:35:22,920

message which was miracles do happen and

2258

01:35:27,350 --> 01:35:25,440

and that that no matter how you know

2259

01:35:29,510 --> 01:35:27,360

sometimes I look at what's happening on

2260

01:35:31,430 --> 01:35:29,520

the planet and just like oh Lord how are

2261

01:35:34,729 --> 01:35:31,440

we ever going to get through this but

2262

01:35:37,550 --> 01:35:34,739

hey I have to trust that somehow with

2263

01:35:40,250 --> 01:35:37,560

enough people doing their little part on

2264

01:35:41,570 --> 01:35:40,260

the planet that as a collective that

2265

01:35:43,970 --> 01:35:41,580

we're gonna we're gonna come through

2266

01:35:45,169 --> 01:35:43,980

there always is hope for a brighter

2267

01:35:48,290 --> 01:35:45,179

tomorrow

2268

01:35:50,209 --> 01:35:48,300

again our guess has been Dr Ivan case on

2269

01:35:53,390 --> 01:35:50,219

her books that you want to check out

2270

01:35:56,990 --> 01:35:53,400

Soul lessons from the light and Touched

2271

01:36:01,189 --> 01:35:57,000

By the Light Yvonne greets having given

2272

01:36:05,689 --> 01:36:01,199

on you withstood a lot of pushback which

2273

01:36:07,910 --> 01:36:05,699

I love it helps it was take care it was

2274

01:36:10,370 --> 01:36:07,920

great talking with you Alex okay take

2275

01:36:12,229 --> 01:36:10,380

care bye now thanks again to Dr Von

2276

01:36:14,209 --> 01:36:12,239

Cason for joining me today on skeptico

2277

01:36:15,950 --> 01:36:14,219

the one question I'd have from this

2278

01:36:18,169 --> 01:36:15,960

interview and I keep asking a bunch of

2279

01:36:21,850 --> 01:36:18,179

different ways but I'll ask it in yet

2280

01:36:25,729 --> 01:36:21,860

another way how do we push forward with

2281

01:36:27,709 --> 01:36:25,739

research with science if you will in

2282

01:36:29,629 --> 01:36:27,719

this area you know what I thought was

2283

01:36:31,629 --> 01:36:29,639

really interesting is the clip I played

2284

01:36:33,950 --> 01:36:31,639

at the beginning from the movie contact

2285

01:36:37,330 --> 01:36:33,960

is about

2286

01:36:39,770 --> 01:36:37,340

ET contact and yet it's really about

2287

01:36:41,390 --> 01:36:39,780

transformative experiences I would even

2288

01:36:44,330 --> 01:36:41,400

go as far as to say spiritually

2289

01:36:46,370 --> 01:36:44,340

transformative experiences so

2290

01:36:50,270 --> 01:36:46,380

kind of interesting that

2291

01:36:52,310 --> 01:36:50,280

way back in 1997 they were already

2292

01:36:54,649 --> 01:36:52,320

seeing the connections that Ivan has

2293

01:36:56,450 --> 01:36:54,659

lived through and documented with her

2294

01:36:57,709 --> 01:36:56,460

many great books

2295

01:36:59,870 --> 01:36:57,719

well that's going to do it for this

2296

01:37:02,270 --> 01:36:59,880

episode of skeptico thank you so much

2297

01:37:04,610 --> 01:37:02,280

for joining me do contact me if you'd

2298

01:37:06,830 --> 01:37:04,620

like to help out with the show if you

2299

01:37:09,229 --> 01:37:06,840

have a guest that you are just dying to

2300

01:37:11,750 --> 01:37:09,239

bring on the show let me know when we

2301

01:37:13,790 --> 01:37:11,760

can probably work that out until next

2302

01:37:16,620 --> 01:37:13,800

time take care